

Helix-4 Reviews: Fake Pills or Should You Buy Nutraville Weight Control Supplement?



The sympathetic nervous system is vital for the body's response to stress. However, prolonged activation can negatively affect body fat regulation since it aids in regulating metabolism. Chronic stress, anxiety and deprived sleep lead to obesity by activating the sympathetic nervous system, which disrupts the fat regulation mechanism.

Prolonged activation of the involuntary responses increases glucocorticoid levels, promoting fat accumulation in the body. As a

result, individuals develop insulin resistance. Excess fat deposition can heighten the risk of having Alzheimer's disease, heart attack, diabetes and stroke.

[Helix-4](#) dietary supplement controls weight gain by triggering neurotransmitters that affect mood. The weight loss capsules reduce stress, suppress hunger and enable consumers to shed unwanted fat. This review explores the efficacy of the weight loss and mood enhancer formula.

What Is Helix-4?

[Helix-4 is a vegan-friendly formula used to achieve weight loss goals](#). According to the creator, it uses various approaches to eliminate excess weight. It boosts metabolism, reduces stress, suppresses appetite and inhibits the production of new fat cells. In addition, it promotes the production of serotonin, a neurotransmitter that regulates mood and other physiological processes that affect weight management.

Helix-4 combines Devil's Backbone medicinal plant extract and three weight loss accelerators. The ingredients inhibit cortisol, which is involved in the regulation of sympathetic fat response. As a result, the formula enhances insulin sensitivity and prevents fat storage. According to the creator, the monthly regimen can eliminate up to 34% of unwanted fat.

How Does the Formula Work?

Helix-4 contains weight loss accelerators that play a vital role in eliminating excess fat. It works by inhibiting sympathetic fat response, which leads to cravings, reducing excess carbs intake. Passionflower extract inhibits the production of cortisol, a hormone responsible for fight-or-flight responses. Cortisol promotes fat storage in adipose tissue, leading to increased fat accumulation.

In addition, it increases the level of serotonin, which regulates mood and [suppresses appetite](#). A decline in serotonin levels is associated with stress and anxiety, but with the formulation, consumers feel relieved and fuller. As a result, the formula enables consumers to regain their confidence in the shape of their bodies.

[Helix-4 Is On Sale Now For A Limited Time!](#)

Devil's Backbone Superpowers

Helix-4 combines Devil's Backbone and three other weight loss accelerators. According to the official website, Devil's Backbone enables consumers to melt fat due to the following mechanism:

**Halts Sympathetic Fat Response and
Inhibits Fat Storage**

According to research, the medical plant inhibits fat storage by regulating hormonal levels. It also boosts serotonin levels, which lifts the mood. Once serotonin levels are high, consumers lose extra pounds as it combats sympathetic fat response.

Shrink Fat Cells and Prevents Further Absorption of Fat

The pancreas creates the lipase enzyme that breaks down fats for absorption. However, Devil's Backbone regulates lipase production to minimize fat digestion and absorption in the body.

Boosts Mood, Suppress Appetite and Build Lean Muscle Mass

Devil's Backbone raises serotonin levels, uplifting mood. In addition, serotonin is an appetite suppressant, which makes consumers feel fuller. Moreover, it lowers bad cholesterol and triglyceride levels and enables consumers to achieve healthy body muscle mass.

[Don't wait – click here to place your order!](#)

What Does Helix-4 Contain?

According to the creator, Helix-4 has potent ingredients that aid in suppressing appetite, regulating mood and supporting weight loss goals. Here are the key ingredients in the vegan capsules:

Lemon Balm

Lemon balm is used to lower anxiety and address insomniac effects. It also treats digestive disorders and addresses lipid metabolism and insulin resistance. The body regulates blood sugar levels upon addressing insulin resistance, minimizing the risk of becoming obese. Lemon balm inhibits sympathetic fat response, suppresses cravings and enables consumers to achieve their weight loss goals.

Passion Flower

The ingredient is proven to relieve pain and address hyperactive disorder. It has traditionally been used as a natural remedy for anxiety, sleep, and digestive disorders. It contains flavonoids and alkaloids that have anti-obesity effects and combat oxidative stress.

According to a study, it addresses restlessness, lethargic feeling, fear and lack of concentration. Moreover, it inhibits cortisol production, halting the sympathetic fat response that causes fat accumulation.

Ashwagandha

The ingredient has been used for centuries in Ayurvedic medicine to address stress, fatigue and anxiety. It's also used to improve insulin sensitivity and increase muscle mass. It's an adaptogen that addresses emotional, mental and physical stress.

In addition, Ashwagandha suppresses cravings enabling consumers to achieve their weight loss goals. It's also proven to lower cortisol levels, which makes it an ideal anti-stress and anti-anxiety ingredient.

[Buy Helix-4 Before it's SOLD OUT](#)

Benefits

Here are the benefits of Helix-4 dietary capsules:

Eliminate Excess Fat with Ease: Consumers do not need to follow strict diets or engage in cardio to lose weight since the formula contains herbal extracts that suppress appetite, boost metabolism and enhance mood.

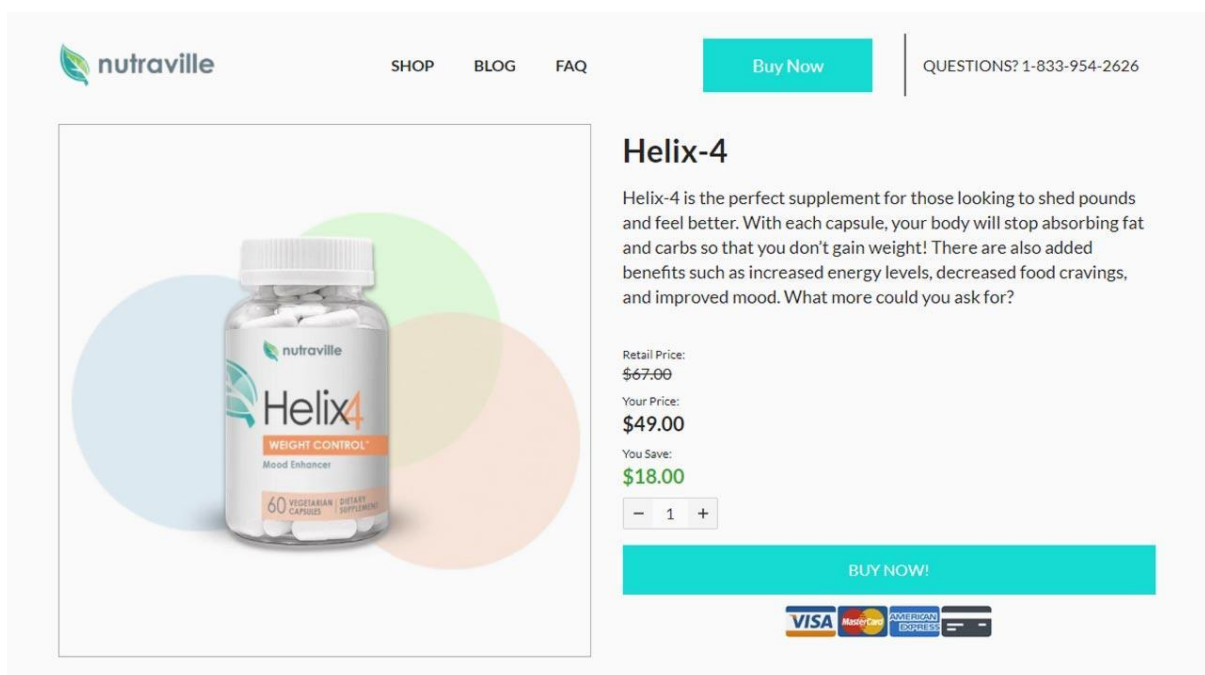
Suppress Cravings: Emotional stress is one of the leading causes of hunger spikes. However, the ingredients in the formula alleviate hunger pangs and cravings, cutting down on food intake and enabling consumers to lose weight.

Addresses Stress and Anxiety: The constituents of the dietary supplement inhibit cortisol and stimulate the production of serotonin, which elevates mood and reduces stress and anxiety.

Boosts Confidence and Self-Esteem: The formula tones the body to an attractive shape upon shedding unwanted body fat. Regular

usage enables one to lose up to 34% of their body fat, boosting self-esteem and confidence.

Achieves Weight Loss Goals: Helix-4 functions in various ways to ensure consumers lose excess body fat. The active ingredients in the dietary capsules suppress appetite, regulate the mood and switch off sympathetic fat response, minimizing the risk of obesity and restoring a healthy weight.



Helix-4

Helix-4 is the perfect supplement for those looking to shed pounds and feel better. With each capsule, your body will stop absorbing fat and carbs so that you don't gain weight! There are also added benefits such as increased energy levels, decreased food cravings, and improved mood. What more could you ask for?

Retail Price: ~~\$67.00~~
Your Price: **\$49.00**
You Save: **\$18.00**

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BUY NOW!

VISA MasterCard AMERICAN EXPRESS

Where to Get the Supplement

Consumers can order the Helix-4 Weight Control formula on the [official website](#), and here are the prices:

Sampler Pack: One bottle of the Vegetarian capsules is available at \$59, from a regular retail price of \$67, saving consumers \$8 +

\$9.99 shipping and handling fee. Consumers who upgrade their selected pack to two bottles during checkout get an additional bottle for free.

Best Value Pack: 6 bottles of Helix-4 dietary supplement are selling at \$29 per bottle, a total of \$174, saving consumers \$228 + free shipping and handling and two free bonuses.

Most Popular Pack: the 3-month regimen is selling at \$49 per bottle, a total of \$147, saving consumers \$54 + 9.99 shipping and handling fee.

Additional Bonuses

Consumers who purchase the 6-month regimen qualify for two gifts, including:

Bonus #1: Stress Relief Cookbook (\$29.99 value)

In this 7-day stress-free weight loss guide, consumers are enlightened on the following:

- How to manage the stress cycle which causes food cravings

- Six delicious snacks that consumers can have but still lose weight

- A drink that aids in detox, stress relief and weight loss with ease.

Consumers also get a detailed 7-day meal plan, with easy-to-prepare, delicious meals as they focus on their weight loss goals.

Bonus #2: Rewired for Weight Loss (\$49.99 value)

It's an audio vital for reprogramming the mind to lose weight effortlessly and track weight loss progress. It contains the following audio segments:

Part 1: Body Reprogram- In this 10-minute audio, consumers learn how to meditate and rewire their thinking with the right mindset. The guided meditation audio ignites consumers' self-esteem and reprograms their mental energy. In addition, it has entrainment signals that stimulate the brain to reduce cravings, boost metabolism and promote weight loss.

Part 2: Weight Loss Booster- it's a 20-minute meditation audio that enables consumers to appreciate themselves and find motivation in selecting the ideal food portions and stick to them. The audio is designed to enable consumers to overcome challenges that might hinder them from achieving their weight loss goals.

Part 3: Instant Stress Relief- the 12-minute soundtrack enable consumers to relieve stress and anxiety. The audio restores calmness and enables consumers to regain control in getting rid of excess fat.

Refund Policy

If Helix-4 doesn't deliver desired outcomes, consumers can get a full refund of their purchase. The creator has issued a 365-day money-back guarantee and claims that consumers can keep the gifts valued at \$79.98.

[Click Here to Get Helix-4 At Discounted Price!!!](#)

Usage & Safety

A bottle of Helix-4 contains 60 vegan capsules for a monthly serving, with a recommended dosage of two capsules daily.

According to the creator, it's safe for consumption since it's made of herbal ingredients that are free from sugar, soy or gluten and are non-GMO. In addition, the creator claims it's safer than extreme calorie restriction and intense cardio.

Consumers feel energized and motivated at the onset of the first dosage. However, prolonged usage for up to 3 weeks leads to changes in the body shape. Moreover, it's recommended for consumers willing to lose unwanted fat around the waist, belly, upper body and thighs.

Conclusion

The sympathetic fat response is associated with obesity. Moreover, cortisol leads to emotional stress, which leads to hunger pangs. However, Helix-4 can switch off sympathetic fat response and

prevent adipose fat deposition. Moreover, it contains herbal ingredients that inhibit the production of cortisol, reducing stress and anxiety.

Helix-4 also triggers the production of serotonin, which enhances the mood, [reducing stress and anxiety](#). The formula suppresses appetite and enables consumers to achieve their weight loss goals. Orders can only be made on the official website, and consumers have limited-time offers, bonuses and a 365-day money-back guarantee. Don't waste any time. [Get Helix-4 Right Now!](#)