

LACTIFRESH GEL - LACTIFRESH GEL REVIEW – A NATURAL GEL FOR WOMEN DESIGNED TO CARE FOR INTIMATE AREAS

A very important, but unfortunately often neglected, aspect of body care in women is taking care of the hygiene of intimate areas. They are prone, especially in the summer months, to various infections, inflammations or irritations that can develop into more serious conditions. That is why the hygiene of intimate places should be approached with appropriate attention, carefully selecting the necessary cosmetics for this, and one of the particularly recommended is LactiFresh Gel , composed exclusively of natural active ingredients.



LactiFresh PRO5

WHY IS IT SO IMPORTANT TO TAKE CARE OF INTIMATE HYGIENE?

There is no denying that following the recommended rules of intimate hygiene is of considerable importance for our health. Due to the fact that we

very often wear ill-fitting, too-tight clothes or made of non-breathable materials, they are constantly exposed to increased humidity and overheating. The result of this, combined with disregard for hygiene, are extremely unpleasant consequences, primarily the rapid development of pathogenic microorganisms.

WHAT ARE THE CAUSES OF THE DEVELOPMENT OF INFECTIONS AND OTHER DISEASES OF THE INTIMATE AREA?



woman taking care of intimate areas

This leads, among other things, to a disruption of the bacterial microflora and difficulties in maintaining the normal pH factor of the skin. This is especially true of the bacteria of the *Lactobacillus spp* group, responsible for the production of lactic acid, which just condition the pH between 3.8 and 4.5, not posing any health risk. The reasons for such an unfavorable state of affairs, which the active compounds included in LactiFreh Gel have to deal with, are many, but the most frequently pointed out by experts are:

- the aforementioned obstructed airflow in the intimate zones;
- failure to observe elementary rules of personal hygiene;
- use of cosmetics with a pH coefficient improperly matched to the skin type, often destroying lactic acid cells;

- high levels of sexual activity;
- use of public swimming pools, showers or saunas;
- weakened natural immunity that promotes the development of various types of infections;
- coexisting chronic diseases, often not diagnosed in time, such as diabetes;
- menstruation;
- inappropriate diet, resulting in overweight and obesity, while deficient in nutrients that promote healthy skin, vitamin A, B vitamins or vitamin E, called *the “vitamin of youth”* for good reason, as well as minerals such as zinc and iron;
- taking certain groups of drugs, including antidepressants, antibiotics, hormonal contraceptives and diuretics, which negatively affect vaginal pH.

WHICH SYMPTOMS OF LACK OF INTIMATE HYGIENE ARE MOST TROUBLESOME?

Symptoms of infections and inflammation of the intimate zones resulting from hygiene neglect and the other causes mentioned above will help alleviate regular use of LactiFresh Gel gel. The most bothersome ones we are exposed to include:

- severe burning and itching;
- swelling;
- a feeling of vaginal tenderness and soreness;
- thick discharge that is yellow or green in color and has an unpleasant odor;
- strong pressure on the bladder;

- dryness of the intimate area.



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LACTIFRESH GEL – THE COMPOSITION THANKS TO WHICH YOU CAN COUNT ON HIGH EFFECTIVENESS OF THE GEL.

For any woman who complains of any of the above-mentioned symptoms and wants to take proper care of her intimate hygiene, we recommend using the gel **LactiFresh Gel**. It was created to meet all the needs of women, and its effectiveness is the result of a properly selected composition. At the same time, it does not cause any side effects, however, it is necessary to check beforehand if there is an individual allergic reaction, independent of the manufacturer.

To compose the composition of organic intimate gel LactiFresh Gel used only two active substances, but with repeatedly confirmed health-promoting effects, which are:

LACTIC ACID

Also called alpha-hydroxypropionic acid, it is naturally produced by probiotic bacteria of the *Lactobacillus* genus found in our body. They are

found primarily in the intimate area, and their action comes down to regulating and lowering a pH factor that is too high. As a result, the intimate area is better protected against the risk of developing various infections and inflammations, and the LactiFresh Gel gel also provides them with exceptional refreshment, soothes irritation and counteracts vaginal odor. It also has an excellent effect on the skin, including acne-infested skin, helped by its antibacterial properties, while increasing elastin and collagen production

ALOE LEAF EXTRACT

Extracted from the leaves of the aloe vera plant (*Aloe vera*), a plant that has been used in natural medicine for thousands of years, it is no surprise that it has become an important ingredient in LactiFresh Gel gel. It provides the body with numerous nutrients:

- vitamin A;
- B vitamins, primarily choline (B4), folic acid (B9) and cobalamin (B12);
- vitamin C;
- vitamin E;
- minerals: zinc, chromium, magnesium, potassium and calcium;
- plant steroids;
- 22 amino acids;
- enzymes and hormones.

These are responsible for the unique properties and effects of aloe vera juice, which also helps to maintain the pH balance of the intimate area that is conducive to health. In addition, it provides a unique feeling of cleanliness and freshness, prevents bacterial and fungal infections, relieves irritation,

chafing, itching and burning sensations of these extremely delicate and sensitive body areas.

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LACTIFRESH GEL – POSITIVE REVIEWS HIGHLIGHTING ITS MOST IMPORTANT PROPERTIES



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The numerous advantages for the health of the intimate area provided by regular use of LactiFresh Gel intimate gel cannot be denied. They are also emphasized in their positive reviews by women satisfied with its performance, pointing out, among other things, such important advantages as:

- rapid effects of action, the first visible after just 7 days of use;
- effectiveness higher than many other similar products;
- restoration of the natural pH of the intimate area;
- elimination of unpleasant odor from the vagina;
- absence of painful abrasions, swelling and irritation of intimate zones;

- thorough moisturization of the skin of these areas of the body;
- long-lasting feeling of freshness;
- prevention of infections of various causes, fungal and bacterial;
- natural composition and safety of use;
- no side effects, the only exception may be individual allergic reactions independent of the manufacturer;
- simple use, just apply the gel 2 times a day to clean skin in the genital area and massage until fully absorbed.

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LACTIFRESH GEL – WHERE CAN IT BE PURCHASED?

To buy the gel, go to **manufacturer's website** and fill out the contact form there, choosing one of the currently available three promotional packages at an attractive price:

- Basic, 1 pack sufficient for one month;
- Standard, 2 packs plus 1 free, giving you a supply for 3 months;
- Optimal, 3 packs and the same amount free, providing a supply for as much as 6 months.

The order is processed immediately after placing it and reaches the recipient in discreet packaging that does not reveal the contents within 2 business days, and within our country you can pay on delivery. It is also possible to ship the LactiFresh Gel gel abroad, but after payment in advance.

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