

Medicinal Garden Kit Reviews: Is It Legit or Waste of Money? Shocking Truth!



[The Medicinal Garden Kit is a great way to turn a backyard into a pharmacy.](#) Created by Nicole Apelian, the kit constitutes ten powerful herbal seeds that can help us provide relief from illness. Moreover, there is no need to worry about how to care for them as the product comes with a detailed instruction manual on how to use these medicinal plants.

The essential antioxidants and nutrients that we must include in our diet are all found in the herbal seeds of the Medicinal Garden Kit. Having a small backyard pharmacy is worth an investment as one

can turn to it in pain, severe infections, as well as during cold & fever.

But what all medicinal plants does the kit contain? Is it safe to use? Let's find out in this detailed Medicinal Garden Kit review.

But first, the brief summary of the product is as follows:

Category:

Gardening

Brand:

Medicinal Garden Kit

Medicinal Garden Kit Creator:

Nicole Apelian

Product Form:

10 Medicinal Plants Seeds

Product Quantity:

2,409 high-quality seeds

Product Description:

Medicinal Garden Kit contains various medicinal plants and the main aim is to [empower people to take their health into their own hands](#).

Medicinal Garden Kit Constitutes:

Chicory, California Poppy, Yarrow, Marshmallow, Evening Primrose, Chamomile, Lavender, Calendula, Echinacea, and Feverfew.

Who Can Use The Medicinal Garden Kit?

The kit is designed for an advanced gardener as well as for the one who is an amateur but wants to improve the quality of life.

Medicinal Garden Kit Features:

2,409 high-quality seeds

GMO-free

Lifelong backyard pharmacy

Medicinal guide

Made in the USA

100% Satisfaction Guarantee

Medicinal Garden Kit Price:

Medicinal Garden Kit costs \$59 + \$4.99 shipping & handling charges.

Bonus Products:

Free Medicinal Guide: How to transfer 10 medicinal herbs into healing salves, tinctures, ointments, essential oils, poultices, and medicines.

Refund Policy:

365-day

Where to Buy the Medicinal Garden Kit?

Customers can purchase the Medicinal Garden Kit on the [official website](#).

Now, let's begin with the comprehensive Medicinal Garden Kit review.

Who is The Creator of The Medicinal Garden Kit?

Nicole Apelian, a mother, biologist, survival skills instructor, and herbalist, has created the Medicinal Garden Kit. She claims that this kit is perfect for those looking for plant-based herbs, plants, vitamins, and minerals. In addition, she insists that everyone should have a small backyard pharmacy in their homes to combat several health ailments.

When Nicole Apelian was 29 years old, she was diagnosed with an incurable autoimmune condition known as Multiple Sclerosis. She used to stay in a wheelchair most of the time. The medicines prescribed to her didn't bring any relief, so she started to manage her Multiple Sclerosis using natural remedies. And she is been doing this for the last 20 years and has become healthy and alive again.

Her story makes us believe that this Medicinal Garden Kit can open a new exciting chapter in our life as we will discover the healing power of these ten medicinal herb plants.

[Visit the official website for ordering the Medicinal Garden Kit >>>](#)

What Are The 10 Herbs In The Medicinal Garden Kit?

The Medicinal Garden Kit consists of ten all-natural and effective herbal plants. These medicinal plants help combat various diseases, are beautiful to look at, and are good companions for fruit trees and vegetables. The 10 medicinal plants are as follows:



Chicory

Chicory is used as a natural painkiller for a variety of physical discomforts, such as joint pains and stiffness. This non-addictive herbal plant constitutes analgesic and anti-inflammatory properties that can help treat arthritis.

How To Use Chicory:

Use it with coffee for better digestion.

A Decoction for fatigue

An Infusion for sinuses

Chicory Salve can be used as a pain relief

California Poppy

California Poppy is a flowering plant known to support sleep. It is considered one of the best substitutes for sleeping pills as it promotes restorative, deep sleep.

How Should California Poppy Be Used?

Make a sleep tea for heightened calming effects to help you sleep fast

Create a sleep tincture to help treat PTSD.

Yarrow

The Yarrow herbal plant in the Medicinal Garden Kit is known as the wound healer. This medicinal plant helps in treating wounds by stopping the bleeding and also helps prevent infection.

How Do You Use Yarrow?

Create an infused Yarrow oil to help treat swollen and varicose veins

The salve aids in the reduction of old scars.

Yarrow elixir may aid with heartburn and menstrual cramps.

Chamomile

Chamomile is a natural antibiotic that helps relax digestive muscles. It is recommended to drink tea made of this herbal plant before going to sleep at night. It also acts as a skin remedy that can heal even the deepest layers of the skin.

How To Use Chamomile

Use Chamomile oil to help treat skin ulcers and wounds.

Create a sitz bath that can treat haemorrhoids.

Chamomile cold compress can be used as a treatment for irritated eyes.

Marshmallow

Marshmallow seeds present in the Medicinal Garden Kit help soothe the inflammation of our digestive tract. It can create an additional protective layer on the intestines, stomach, and colony. Thus, helping in treating many digestive disorders, such as stomach ulcers.

How To Use Marshmallow

Make Marshmallow tea for a healthy digestive system.

A cold root Infusion helps in treating heartburn and reflux.

[\(OFFICIAL DEAL\) Click Here to Order Medicinal Garden Kit from Its Official Online Store!](#)

Evening Primrose

Evening Primrose acts as a natural remedy for wounds, bruises, and skin eruptions. It contains linolenic acid gamma-linolenic acid that helps keep our skin healthy. In addition, this herbal plant also aids in balancing our hormone levels.

How To Use Evening Primrose

Make an Evening Primrose tea to help control mood swings and hormonal imbalance.

A tonic made using this herbal plant may treat cough, cold, and sore throat.

Lavender

Lavender is an anti-inflammatory herb that has numerous health benefits. This is one of the seeds incorporated into the Medicinal Garden Kit that helps enhance blood flow in the body.

How To Use Lavender

Use lavender oil on the scalp to promote hair growth and help with lost hair.

Create a tincture using this herbal plant that can aid in recovery from mild to moderate depression.

Calendula

The Medicinal Garden Kit consists of Calendula seeds that help in minimizing scrapes, wounds, rashes, or insect bite marks. Due to its ability to clean the lymphatic system, this medicinal plant is what one needs to help heal old infections.

How To Use Calendula

Make a Calendula infused oil to help treat many skin-related problems.

A tea made using this herbal plant can treat sore throat, mouth ulcers, skin ulcers, and eczema.

Echinacea

Echinacea seeds available in the Medicinal Garden Kit are considered the most powerful immunity plant.

How To Use Echinacea

An Echinacea tincture can help in stimulating our immune system.

It can also be used as an antiseptic and as an oil to help treat inflammation.

Feverfew

Another herbal plant in The Medicinal Garden Kit is Feverfew which is considered a nature's aspirin to help treat migraines and fever.

How To Use Feverfew

Create an anti-migraine Tincture to help get rid of severe headaches

Use anti-inflammatory Feverfew oil to help deal with painful joints.

[Limited time offer: Get your Medicinal Garden Kit now!](#)

What Is The Scientific Backing Of The Medicinal Garden Kit?

A [study](#) conducted in 2016 found that chicory extract, one of the core components in the kit, has potent anti-inflammatory properties. The study showed that chicory extract significantly reduced inflammation in mice and had a similar effect on human cells. The researchers concluded that chicory extract could be a potential

treatment for inflammatory diseases such as arthritis and inflammatory bowel disease.

Chicory root also contains a high amount of inulin, a type of prebiotic fiber that promotes the growth of beneficial gut bacteria.

A study published in the Journal of Medicinal Food found that chicory root extract improved gut health and reduced symptoms of constipation in participants. Another study showed that chicory root extract improved the absorption of nutrients in the gut.

Another study published in the Journal of Infectious Diseases found that echinacea can help to boost the immune system and reduce the risk of catching a cold. The study involved 399 participants who were given either echinacea or a placebo for four months. Those who took echinacea had a lower incidence of colds and a shorter duration of symptoms than those who took the placebo.

California Poppy Seeds are another ingredient in the kit. They have been used for centuries for their medicinal properties. Known for their calming and soothing effects, these seeds have become increasingly popular in recent years.

However, some people are still skeptical about the benefits of these seeds. In this article, we'll explore some scientific studies that support the medicinal benefits of California Poppy Seeds.

A [study](#) published in the International Journal of Pharmaceutical Sciences and Research found that California Poppy Seeds have analgesic (pain-relieving) properties.

The study was conducted on rats, and it was found that the seeds had a significant impact on reducing pain. The researchers concluded that these seeds could be used as a natural alternative to traditional painkillers.

One of the most well-known benefits of chamomile, another ingredient in the Medicinal Garden Kit, is its ability to reduce anxiety and depression symptoms.

A 2016 randomized controlled [trial](#) found that chamomile extract was effective in reducing generalized anxiety disorder symptoms. Another study in 2009 found that chamomile extract was as effective as the prescription medication, benzodiazepine in reducing anxiety symptoms.

Another 2015 study found that chamomile extracts reduced symptoms of irritable bowel syndrome, such as abdominal pain and bloating. Another study in 2006 found that chamomile extracts reduced symptoms of acid reflux.

[Click here to read unbiased reviews before buying!](#)

Are the 10 Herbal Seeds in Medicinal Garden Kit Lifelong?

Many of the medicinal herbs found in the Medicinal Garden Kit are perennials. They won't survive in winter but re-emerge in the spring. Also known as self-seeding annuals, these plants may become well-established after the first year.

Medicinal Garden Kit is a pocket-friendly option as it provides the user with a lifelong backyard pharmacy. This means that our beautiful medicinal garden will keep coming back every year without the need to replant it.

How Much Does The Medicinal Garden Kit Cost?

The customer can buy the Medicinal Garden Kit only on the official website. It is not available for purchase on any other marketplaces, including Amazon and eBay. The price of one kit is \$59 and the shipping and delivery charges are \$4.99.

Every Medicinal Garden Kit contains packets of each high-quality seed type. The user also receives a Free Medicinal Guide that has

instructions on how to grow them and how one can take health advantages from these plants.

[Click Here to Get Medicinal Garden Kit At Discounted Price!!!](#)

Is There Any Money-Back Guarantee?

Nicole Apelian claims that she has faith in her Medicinal Garden Kit. Hence, the product comes with a full 365 days money-back guarantee. She also says that the user will save a lot more money in the long run as the user will never have to go to any pharmacy again.

Still, if any user doesn't see any results of these 10 high-quality herbal plants, they have 365 days to claim a refund.

Final Verdict

The Medicinal Garden Kit comprises ten herbal plants that can be used to create a small pharmacy in our backyards. This kit is perfect for people who do not want to spend dollars on Western medicines and want to become more self-reliant.

Many Medicinal Garden Kit reviews online reads that these herbal plants are very effective in nature as they can combat fatigue, fortify immunity, improve sleep, and support overall well-being. The backyard pharmacy can also come in handy during unprecedented times when getting medicines from the stores can become tough.

The creator of the small backyard Medicinal Garden Kit spent a lot of time and resources in the process of extraction of each plant. Hence, it is safe to say that all seeds are handpicked from the highest quality plants.

As per many reviews, this product is worth the money as the users not only attain quality seeds but a free detailed guide that has Nicole Apelian's years of experience.

[Buy now and receive a free Medicinal Guide with your Medicinal Garden Kit!](#)