

## Nerve Defend Reviews – Negative Side Effects Risk or Real Customer Results?



Nerves form a vital part of the human body. Their job is to transmit electrical impulses from your brain to other areas of your body where they're needed. These impulses assist with muscle movement and sensation, in addition to controlling various bodily functions such as:

- Breathing
- Digestion
- Sweating

Depending on the context, medical experts sometimes call them neurons. When combined with the spinal cord and the brain, they help form what is known as the central nervous system.

Deteriorating health can impact these neurons' performance, leading to escalating neuralgia or nerve pain. According to health experts, neuralgia is different from all other forms of nerve pain and will, as such, feel different.

Studies conducted on the subject have shown that nerve pain falls into three distinct categories and is classified based on its causative factors. So far, there are four known causes of nerve pain, which include the following:

- Pudendal – Causes severe pain in the area directly below your leg

- Post-herpetic – Refers to nerve pain occurring in the same region favored by shingles
- Occipital – It causes nerve pain at the base of your skull but doesn't extend to the back of your head
- Trigeminal – Refers to nerve pain occurring in the cheek or jaw

Nerve pain is typically characterized by a shooting, stabbing, or burning sensation in the affected region. In some cases, it can occur as a sudden shock that resembles an electric shock. Individuals experiencing nerve pain will usually be sensitive to touch and cold.

[Studies](#) have proven that nerve pain can impact your quality of life if nothing is done to mitigate it. Unlike normal pain, this pain can worsen at night and can vary between mild and severe.

With time, it can begin to affect certain aspects of your life, including work, sleep cycle, sex, and exercise. Recurring nerve pain can lead to depression, stress, and anxiety, severely impacting your ability to go about your duties as expected.

The factors that can cause neuralgia are many, and examples include:

- Prescription medications
- Stroke
- Vitamin B1 deficiency
- Infections, e.g., herpes
- Alcohol abuse
- Cancer
- Poor blood circulation
- Diabetes
- Nerve, spine, or brain injury
- Sclerosis

Since recurring nerve pain signifies an underlying condition, determining the causative factors is the first step to treating it. Nonetheless, this is one of the most challenging conditions to treat, hence the need to use different strategies.

Some health experts prefer prescribing painkillers to help manage the pain. Unfortunately, they only mask it temporarily without addressing its causative factors. As a result, it doesn't take long for the pain to return, forcing you to become hooked to pain medication.

But there's good news on the horizon, as the supplement industry now has solutions that can aid in eliminating this pain permanently. These nerve pain-management solutions are made using natural ingredients, making them safe and non-habit-forming.

[Nerve Defend](#), the focus of this review, is one such solution!

# What Is Nerve Defend and How Does It Help in Managing Nerve Pain

Nerve Defend is a pain management solution that assists in reducing, eliminating, and preventing nerve pain. According to its official website, this supplement uses naturally sourced ingredients in doctor-prescribed dosages to manage recurring neuralgia.

*Its formula contains vitamins and minerals proven to support optimal nerve health.*

Testimonials posted on the Nerve Defend website indicate that consumers who have used it have reported experiencing an improved quality of life. Its creators state that it works by targeting the primary cause of your pain, preventing it from recurring.

[Shop now and get Nerve Defend at the best price!](#)

## Understanding How Nerve Defend Works to Manage Nerve Pain

Vitamin and mineral deficiency are among the leading causes of nerve pain in the human body. Their deficiency may arise from factors such as alcohol abuse, elevated stress levels, and following a poor diet.

*All these factors, when combined, will cause your nerve health to deteriorate quickly!*

Besides the above-mentioned, aging is another factor that can cause nerve damage. The cells inside your body will typically begin to degenerate as your years advance before they die off through a process called apoptosis.

*Apoptosis causes the nerves to malfunction and can ultimately lead to nerve damage.*

Physicians state that nerve damage can take two forms: central and peripheral. Central nerve damage starts in the brain and extends to your spine. Peripheral, on the other hand, targets the extremities and will generally target the nerves in your hands and feet.

*Pain is the primary symptom used to diagnose nerve pain regardless of its form.*

The scientists who helped create Nerve Defend claim it works because of its ingredients. They state that these ingredients work by targeting the root cause of this pain, thereby solving up to 50% of your neural problems.

[Nerve Defend: Try it now, you won't be disappointed!](#)

## Nerve Defend Ingredients

## **Marshmallow Root Extract**

Marshmallow root extract comes from the marshmallow plant, an element believed to contain potent medicinal properties that can aid in alleviating various pain-related symptoms. It has a compound called mucilage, which assists in boosting the mucous membrane.

Other benefits linked to marshmallow root extract include treating digestive and skin-related conditions such as eczema. This extract is believed to contain anti-inflammatory properties, which come in handy in treating arthritis-related pain and swelling.

## **Passion Flower**

The passion flower is a vine plant known to grow naturally around the country. Physicians have used this plant for decades to treat and address the symptoms of numerous health conditions. Passionflower is said to contain sedative and anti-anxiety properties.

It can also aid in relieving pain and swelling, with some studies indicating that it has proven effective in reducing insomnia in some people.

[Click here to check out the official website for Nerve Defend >>>](#)

## **Prickly Bear**

Prickly Bear is a cactus that's native to Mexico and which traditional medicine men have used for centuries to treat a host of ailments. The element has a rich concentration of vitamins C and E and contains other helpful antioxidation compounds, e.g., carotenoids and flavonoids.

Other benefits linked to prickly bears include fighting inflammation related to arthritis and addressing irregular blood sugar levels. Imbalanced blood sugar levels are among the leading causes of neuralgia.

## **Corydalis**

Corydalis is a herb native to parts of Asia, including China. Chinese medical practitioners have used it in the past to treat certain ailments, including sedating patients and providing pain relief.

According to [studies](#), corydalis contains THP, a potent chemical that can block the dopamine receptors present inside your brain. Its other effects include possessing anti-inflammatory properties that help with pain and numbness and analgesic effects that fight depression.

Some physicians believe it can also boost your sleep cycle.

## Pricing and Availability

[Nerve Defend can only be purchased from its official website](#). Here, consumers have an option to choose from the three available packages, which, according to the manufacturer, may only be available for a limited duration.

These Nerve Defend Packages are priced as follows:

- One Nerve Defend bottle at \$69
- Three Nerve Defend bottles at \$59 per bottle
- Six Nerve Defend bottles at \$49 per bottle

You can secure your Nerve Defend order today by clicking [here](#).

## FAQs

### Is Nerve Defend dietary supplement safe for use?

The Nerve Defend team has created it to be safe for anyone above 18 years old. It's a formulation made using natural ingredients, guaranteeing that it's non-GMO, non-tolerance forming, and doesn't contain any additives, harmful chemicals, or stimulants.

### What should I do if Nerve Defend fails to work for me?

Testimonials and consumer feedback on the Nerve Defend website show that it works as advertised. The Nerve Defend team provides all consumers with a 100% 60-day money-back guarantee to ensure that your mind remains at ease.

With this satisfaction guarantee it means you have two months to try Nerve Defend at no risk.

### How do I buy Nerve Defend?

[You can buy Nerve Defend today by clicking here](#). Your order should arrive within seven days.