



# Okinawa Flat Belly Tonic Reviews: Are The Ingredients Of The Formula Fake?

An novel dietary supplement called Okinawa Flat Belly Tonic is based on the way of life and eating habits of Okinawan residents to help healthy weight loss. These people are renowned for their enduring nature and good health. Additionally, it is uncommon to see overweight or obesity on this island.

According to the World Health Organization, there is now a global obesity pandemic since the number of instances of obesity has tripled since 1975. According to recent research, 1 in 3 persons in the US are obese or overweight, making the US one of the top-ranked nations when it comes to obesity.

Additional issues including diabetes, kidney disease, high blood pressure, heart disease, etc. can be brought on by being obese or overweight. If neglected, it can also result in death.

Herein lays the motivation for this Okinawa Flat Belly Tonic review. Okinawa Flat Belly Tonic appears to be a legitimate supplement that works well. However, evaluating a supplement solely on the basis of initial impressions is meaningless.

## Okinawa Flat Belly Tonic Reviews: Does It Actually Promote Weight Loss As It Claims?

In this Okinawa Flat Belly Tonic review, you can find an overview of the supplement, ingredients used, benefits, dosage, scientific evidence, working mechanism, etc.

These details will enable you to make a valid decision regarding whether to purchase Okinawa Flat Belly Tonic supplement or not. And at the end of the review, you can find a verdict and frequently asked questions that can clarify your further queries.

<b>Supplement Name</b>	<b>Okinawa Flat Belly Tonic</b>
<b>Main Purpose</b>	<b>Healthy weight loss</b>
<b>Formulation</b>	<b>Powder</b>

<b>Ingredients</b>	<b>Green Tea leaf</b> <b>Bitter Melon Extract</b> <b>Black Pepper Fruit Extract</b> <b>Acai Fruit</b> <b>Hibiscus</b> <b>Inulin Prebiotic</b> <b>Lactobacillus Acidophilus</b>
<b>Key Benefits</b>	<b>Improves metabolism</b> <b>Supports weight loss</b> <b>Enhances your energy and vitality</b>
<b>Quality standards</b>	<b>Carefully selected natural ingredients</b> <b>FDA and GMP-certified facilities</b> <b>Free from allergens such as soy, dairy, and gluten</b>

<b>Drawbacks</b>	<b>Available only through the official website</b>  <b>Not suitable for anyone below 18</b>
<b>Net quantity</b>	<b>82.5g</b>
<b>Suggested quantity</b>	<b>1 scoop</b>
<b>Usage timing</b>	<b>Around 10 am or 1 hour before breakfast</b>
<b>Side Effects</b>	<b>No side effects are reported</b>
<b>Price</b>	<b>1 Bottle – \$69</b>  <b>3 Bottles – \$59 per bottle</b>  <b>6 Bottles – \$39 per bottle</b>
<b>Money-back Guarantee</b>	<b>90 days</b>

<b>Bonuses</b>	<b>Bonus #1: Sleep The Fat Off</b>  <b>Bonus #2: Flat Belly Smoothies</b>  <b>Bonus #3: 14 Days FREE Private VIP Health Coaching</b>
<b>Availability</b>	<b>Only on the official site</b>
<b>Official Site</b>	<a href="#"><u>Click Here</u></a>

## What Is Okinawa Flat Belly Tonic?

Okinawa Flat Belly Tonic is a natural dietary supplement that is based on research and provides a healthy solution for weight loss. It is made from a blend of metabolic, polyphenol, and digestive groups of ingredients that can work well with your body and improve its metabolism and overall energy.

The supplement comes in powder form and each bottle contains around 82.5g of the formula which is enough for a month's usage. Okinawa Flat Belly Tonic powder doesn't contain any allergens and is free from soy, dairy, and gluten. The supplement targets the main reason behind weight gain and provides a solution to treat it.

The manufacturers have clarified that Okinawa Flat Belly Tonic formula is completely made inside the USA and in facilities accredited to the FDA and GMP standards. No side effects are reported yet for the supplement. With each purchase of Okinawa Flat Belly Tonic from the official website, you are entitled to a 100% money-back guarantee within 90 days from the date of purchase.

# Okinawa Flat Belly Tonic

## Ingredients: What Are The Main Components?

According to the supplement label, Okinawa Flat Belly Tonic weight loss formula is made from a blend of polyphenol, metabolic and digestive ingredients. These ingredients were collected from various parts of the world and combined to form this formula. Here is the list of ingredients used in the Okinawa Flat Belly Tonic supplement:



- **Green Tea (leaf)**

One of the major Okinawa Flat Belly Tonic ingredients is green tea. Green tea contains epigallocatechin gallate (EGCG) which has research-backed evidence in reducing body fat and weight. Being a polyphenol flavonoid, EGCG has antioxidant mechanisms that can fight free radicals in your body.

- **Bitter Melon Extract**

[Bitter melon extract can reduce body weight](#) and fight inflammation in your body. It can [lower blood sugar levels](#) and target the problematic visceral fat in your body.

- **Black Pepper Fruit Extract**

Research has shown that black pepper can support metabolism by breaking down the fat cells in your body. The presence of piperine in the pepper can improve metabolic performance and it possesses certain thermogenic properties.

- **Acai Fruit**

The abundance of anthocyanins, which are phytonutrients that can fight inflammation in your body leads to the possibility that acai fruit can support weight loss. Also, the fruit has high fiber and essential fatty acid content that can activate your metabolism and aid in fat burn.

- **Hibiscus (flower)**

The anthocyanins and flavonoids in the hibiscus flower can induce a fat-burning mechanism in your body. It can also reduce sugar absorption and support weight loss.

- **Inulin Prebiotic**

Inulin can reduce your cravings and regulate your appetite. Having high fiber content, it can improve digestion and support weight loss while controlling your blood sugar and [enhancing your gut health](#).

- **Lactobacillus Acidophilus**

It is one of the most researched [probiotics for weight loss](#). Studies show that L-acidophilus can aid in weight loss and prevents IBS and a leaky gut. It can also fight inflammation and insulin resistance in your body.

Apart from these other ingredients used in the making of Okinawa Flat Belly Tonic includes: **Strawberry, Beetroot, raspberry, Black currant, Blueberry, Cranberry, Grape seed extract, Mango seed extract, Pomegranate, Cinnamon bark, Ginger, Turmeric, Shilajit extract, Oat hull fiber powder, and 9 strains of probiotics** which amounts to 3 billion CFU.



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## How Does Okinawa Flat Belly Tonic Work?

Okinawa Flat Belly Tonic powdered solution targets to eliminate the root cause of weight gain issues. According to the manufacturers, the hidden cause of weight gain is the presence of C Reactive Protein/CRP at higher levels in your body. Research shows that these proteins can damage your mitochondria, which is the powerhouse of cells, and shut down your fat-burning mechanisms.





CRP can inhibit the production of [adiponectin, which is known as the fat-burning hormone of your body](#). By the combination and synergic effect of selected ingredients which are inspired by the Okinawan traditional secret, the supplement fights the CRP levels in your body. Ingredients such as green tea, turmeric, acai berries, etc have certain antioxidants that can fight inflammation and disease-causing free radicals.

These ingredients can strengthen your immune system and prevent the production of harmful CRP proteins that contribute to weight gain. Along with that, these ingredients can activate your metabolism and support digestive health which results in easy weight loss.

## Okinawa Flat Belly Tonic Benefits

<b>Improves your metabolism</b>	Consuming Okinawa Flat Belly Tonic solution regularly can support your metabolism. The ingredients in the formula can induce fat oxidation and enhance your digestion, and this can result in a healthy metabolism in your body.
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<b>Supports weight loss</b>	The carefully selected Okinawa Flat Belly Tonic ingredients such as green tea, turmeric, hibiscus, acai berries, inulin, etc have proven benefits in supporting weight loss. They can target visceral fat and burn down the excess fat from your body.
<b>Enhances your energy and vitality</b>	Once you <a href="#">get the motivation to lose weight</a> , you will feel like your energy levels are raising upward. The natural ingredients in the Okinawa Flat Belly Tonic formula can support your body functions and increase your energy levels.



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## Okinawa Flat Belly Tonic Dosage: How To Use It?

Okinawa Flat Belly Tonic bottles come in powder form. When mixed with water, it becomes a delicious tonic that can be consumed easily. Each bottle of this dietary supplement contains 82.5g of the formula which is sufficient for a month's usage.

The manufacturers suggest you take 1 scoop of the Okinawa Flat Belly Tonic powder around 10 am or 1 hour before breakfast. By consuming the supplement in this way, the nutrients will get properly absorbed into your body and induce several health benefits. Make sure to consistently use the supplement over the required period for better results.

# Pros And Cons Of Okinawa Flat Belly Tonic

Every dietary supplement will have certain characteristic features that either fall into the pro category or cons category. For deciding the efficacy of a supplement, evaluating these pros and cons are necessary.

But on analyzing the advantages and disadvantages of the Okinawa Flat Belly Tonic dietary supplement, you can understand that there are more pros than cons. This is because it is made using quality ingredients that are safe for your health and manufactured under safe and hygienic standards. Here is a list of pros and cons of the Okinawa Flat Belly Tonic fat burn supplement:

## Positives

Made from carefully selected natural ingredients which are collected from various parts of the world

Easy-to-mix powder form which can be mixed with any drink of choice

Made completely inside the United States

Manufactured in FDA and GMP-certified facilities.

Free from allergens such as soy, dairy, and gluten

Targets the root cause of weight gain issues

## Negatives

Not recommended for people under 18 years

Only available for purchase at the official website

# Okinawa Flat Belly Tonic Side Effects

The manufacturers have made it clear that there are no side effects reported from using Okinawa Flat Belly Tonic formula. The supplement is made from natural ingredients that can cause no harm to your body.

Okinawa Flat Belly Tonic for weight loss is made in professional laboratories and facilities approved by FDA and GMP, which are the highest quality standards determined for dietary supplements. So, it can be assured that there won't be any Okinawa Flat Belly Tonic side effects.

## Scientific Evidence Of Okinawa Flat Belly Tonic

Okinawa Flat Belly Tonic supplement is made based on solid research and clinical studies on weight loss and improving metabolism. All the ingredients are clinically proven to have fat-reducing properties and weight-loss qualities. It targets the root cause of weight gain and provides solutions accordingly. For example, one of the ingredients in the supplement is green tea.

A research paper published in the journal *Nutrición hospitalaria* in 2017 found that the presence of [epigallocatechin galato \(EGCG\) in green tea can reduce body fat and induce weight reduction](#). Another important Okinawa Flat Belly Tonic ingredient, black pepper contains piperine, a component that can aid in weight loss.

A research study published in the *Journal of Agricultural and Food Chemistry* in 2012 elaborated that [piperine can inhibit adipogenesis and thereby reduce fat cell differentiation](#) that leads to weight gain.

Another study published in *Food&Function* journal in 2014 found that [hibiscus sabdariffa, another major ingredient in the Okinawa Flat Belly Tonic can inhibit](#)

obesity and fat accumulation based on a selected group of subjects from an age range of 18-65.

Like these, all the ingredients used in the Okinawa Flat Belly Tonic weight loss formula are research-backed and clinically proven to have metabolic benefits and weight loss properties.

## How Long Does It Take Okinawa Flat Belly Tonic To Show The Result?

This can depend on the differences in each individual. The weight loss will be based on the variations in certain factors such as age, weight, gender, etc of each individual. Still, the makers claim that once you start the consumption of the Okinawa Flat Belly Tonic powdered solution, results can be evident even in a short period.

But to make these results more effective, you are suggested to continue the consumption for at least 2-3 months. When you use the supplement for this much time, the results will stay longer stay for 1-2 years. Also, make sure that you are following healthy eating and doing proper workouts along with this.



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## Okinawa Flat Belly Tonic Customer Reviews

On analyzing the various Okinawa Flat Belly Tonic customer reviews and testimonials, one thing is clear: the supplement works. Some customers have claimed to lose even 38 lbs in a short period. These customers have opined that the Okinawa Flat Belly Tonic has helped them to curb their unwanted cravings and balance their blood sugar levels.

It made them feel confident in their body and increased their energy levels. Around thousands of these customer reviews can be found on various websites detailing Okinawa Flat Belly Tonic benefits. Only a few of them have complained of having some mild side effects. But on closely examining these claims, we could find that these customers used some replica of the original product.

That is why the makers urge you to purchase the supplement only from the official website. Apart from this, the rest of the Okinawa Flat Belly Tonic consumer reports were positive and suggested it to be effective for weight loss.













## **How And Where To Order Okinawa Flat Belly Tonic?**

If you are interested in purchasing Okinawa Flat Belly Tonic formula, the only place that you will find it is on the official website. According to the makers, they don't have any retail outlets or e-commerce stores such as Amazon for delivering the supplement.

As the supplement is in much demand in the market, there can be some replicas of the product available. Using these imitations can cause serious side effects for you. That is why the makers suggest you purchase the Okinawa Flat Belly Tonic only from the official website.

## **Okinawa Flat Belly Tonic Pricing: Is It Affordable?**

According to the manufacturers, you can purchase the supplement from Okinawa Flat Belly Tonic official website. The supplement can be purchased in a single bottle, three bottles, and six-bottle packages. These purchases are endowed with certain discounts, free shipping, and bonuses. Check out the price range of each of the Okinawa Flat Belly Tonic packages here:

1 BOTTLE 30 Day Supply	6 BOTTLE 180 Day Supply	3 BOTTLE 90 Day Supply
		
<b>\$69</b> per bottle	<b>\$39</b> per bottle	<b>\$59</b> per bottle
 <b>Buy Now</b>	 <b>Buy Now</b>	 <b>Buy Now</b>
<del>\$127</del> <b>\$69</b> + shipping  90 days Guarantee	<del>\$587</del> <b>\$234</b> + free US shipping  90 days Guarantee	<del>\$347</del> <b>\$177</b> + free US shipping  90 days Guarantee
		



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## Okinawa Flat Belly Tonic Refund Policy

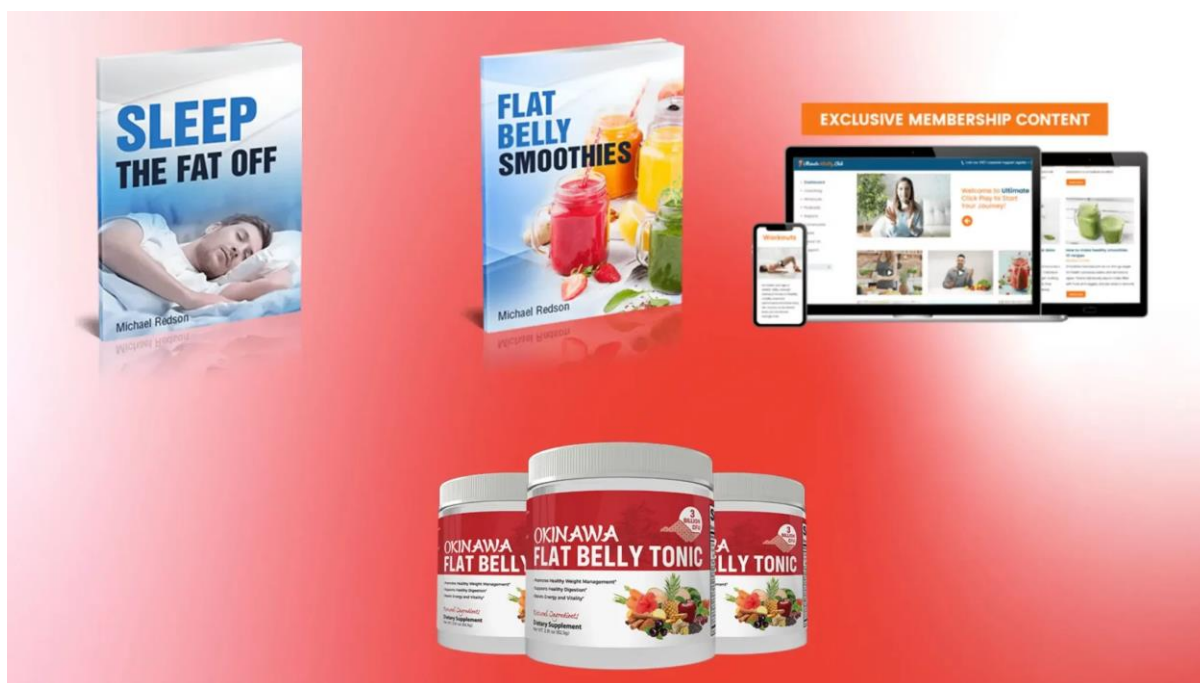
If you feel you need more than the supplement, the makers offer you a 100% money-back guarantee with each purchase. When you purchase Okinawa Flat Belly Tonic from the official website, you can avail a **90-day money-back guarantee**.

As a part of this, you can return the bottles, even if it is empty or just reach out to the official distributor and claim for a full refund within 90 days of purchasing the supplement. The whole money will be refunded without a question back and the process will be completely hassle-free.



# Okinawa Flat Belly Tonic Bonuses

Purchasing Okinawa Flat Belly Tonic fat burn powder comes with certain discounts and bonuses. When you buy the 3 and 6 packs of the supplement, you can claim 3 free bonuses. The details of these bonuses are listed below:



- **Bonus #1: Sleep The Fat Off** – This is a \$67 worth of ebook by health researcher Michael Redson. It is a wholesome blueprint for revealing some tips and tricks to burn fat while you fall asleep. The digital product contains some military techniques for deep sleep and how to remove the environmental factors that hinder your sleep quality.
- **Bonus #2: Flat Belly Smoothies** – This is a \$47 worth ebook that provides you with recipes for some flat belly smoothies. You can enjoy these delicious smoothies and also burn your belly fat efficiently.
- **Bonus #3: 14 Days FREE Private VIP Health Coaching** – This is a \$99.95 worth of VIP coaching that is free for 14 days. This coaching will guide you toward your weight loss goals based on personalized training. The team of specialists will provide you with strategies to accelerate your metabolism, enhance your sleep quality and regain your youthfulness.



# Can Buy Buy Okinawa Flat Belly Tonic In Australia?

The manufacturer of Okinawa Flat Belly Tonic is presently supplying the supplement to people in Australia. This was done after they came to know about the popularity of the supplement received among Australians who are trying to lose weight. The cost of one bottle of Okinawa Flat Belly Tonic in Australia is 113.14 AUD. The supplement will be shipped to Australia using a professional courier service and the charge to ship to the country is 21.24 AUD. Since Okinawa Flat Belly Tonic is an imported product in Australia, you will have to pay a Goods and Service Tax of 13.43 AUD. The total of one bottle of Okinawa Flat Belly Tonic in Australia is 147.81 AUD. This cost will vary for the other packages of the supplement.

## Final Verdict: Okinawa Flat Belly Tonic Reviews

Going through the Okinawa Flat Belly Tonic reviews, it can be understood that the supplement is a legit dietary formula that supports healthy weight loss. Inspired by the lifestyle of people in Okinawa, the supplement is made from all-natural ingredients. It targets the root cause of weight gain and provides solutions accordingly.

The manufacturers have clarified that it is made from facilities that are accredited by the FDA and GMP. Also, the formula is free from allergens such as soy, dairy, and gluten. Consistent usage of the supplement can lead to a better metabolism and accelerated rate of fat burn. Okinawa Flat Belly Tonic before and after images of several customers reflect this.

The manufacturers offer a 90-day money-back guarantee with each purchase and recommend that customers buy it only from the official site. Considering all these factors, it can be concluded that Okinawa Flat Belly Tonic formula is a legit and credible dietary supplement that can support weight loss.



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## FAQs

### **1. Can people with diabetes use the Okinawa Flat Belly Tonic supplement?**

Okinawa Flat Belly Tonic can support anyone because it is made from natural ingredients. But if you have a condition, consult your doctor before using the formula.

### **2. I am a vegan. Can I consume this supplement?**

Of course. Okinawa Flat Belly Tonic formula is made from all vegan ingredients and contains no animal products.

### **3. Will I be able to sustain the weight loss from using the supplement?**

You have to use the supplement for at least 2-3 months regularly to have sustained weight loss results.

### **4. Can I lose weight only by using Okinawa Flat Belly Tonic?**

Yes. But if you can combine it with a healthy diet and exercise, the results will be faster.

### **5. Should I be worried about any of the Okinawa Flat Belly Tonic ingredients?**

Not at all. All the ingredients are vegan and there are no allergens in the supplement.



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