

# Prostadine Reviews – Ingredients, Side Effects Complaints [Updated]



[Prostadine](#) is a revolutionary new prostate support supplement designed to protect, restore, and enhance male prostate health. This all-natural solution claims to directly address the root cause of prostate issues, which is why it is so much more effective than other prostate supplements.

By taking Prostadine daily, the manufacturer claims you can maintain a healthy urinary function, reduce the size of your prostate, and stop frequent, painful bouts of urination.

If you're frequently running to the bathroom, waking up in the middle of the night, experiencing painful urination, or have any of the other signs of prostate issues, then Prostadine may be right for you.

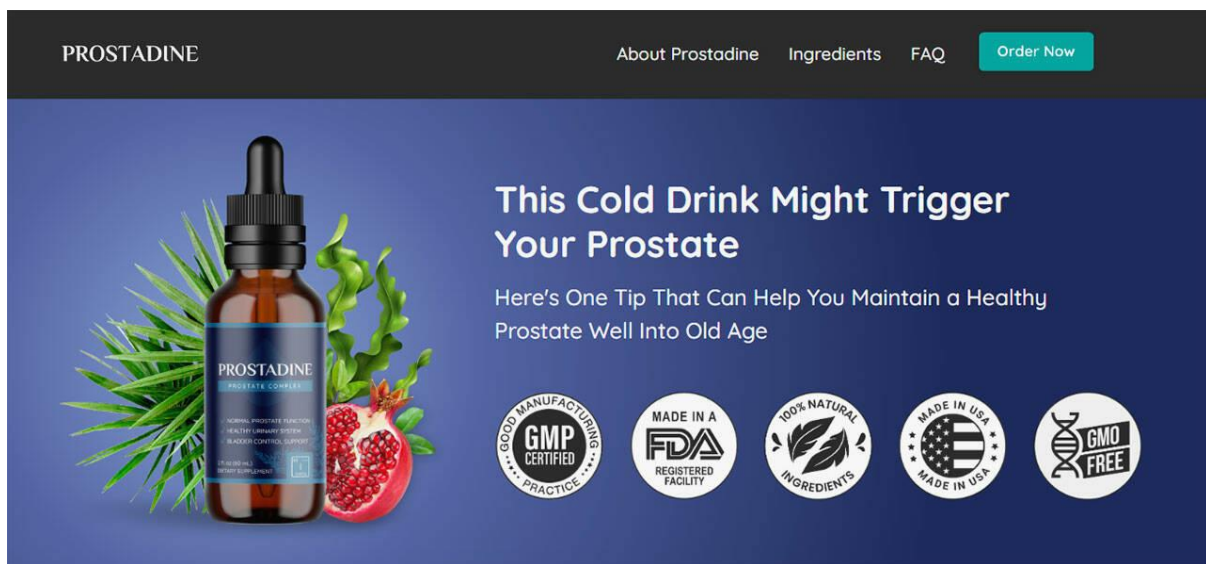
## What is Prostadine?

As mentioned previously, Prostadine is an all-natural supplement [designed to support prostate health and reduce the risk of developing an enlarged prostate](#). Unlike prescription drugs, Prostadine uses all-natural ingredients instead of dangerous drugs with nasty side effects.

According to the manufacturer, Prostadine was developed after new research was published from Harvard University, which they claim discovered the root cause of prostate issues.

The root cause appears to be toxic minerals in the hard water throughout the United States. When unchecked, these toxic minerals create a dangerous buildup inside the body if it is consumed for a long period of time.

Thankfully, Prostadine can counteract this toxic buildup to restore proper prostate function, improve your urinary tract health, and to eliminate the symptoms of an enlarged prostate.

A screenshot of the Prostadine website banner. The banner has a dark blue background. On the left, there is a glass dropper bottle of Prostadine Prostate Complex surrounded by green herbs and a pomegranate. The bottle label lists benefits: 'NORMAL PROSTATE FUNCTION', 'HEALTHY URINARY TRACT', and 'ENLARGED PROSTATE'. To the right of the bottle, the text reads: 'This Cold Drink Might Trigger Your Prostate', followed by 'Here's One Tip That Can Help You Maintain a Healthy Prostate Well Into Old Age'. Below this text are five circular icons: 'GMP CERTIFIED', 'MADE IN A FDA REGISTERED FACILITY', '100% NATURAL INGREDIENTS', 'MADE IN USA', and 'GMO FREE'. The top navigation bar includes 'PROSTADINE', 'About Prostadine', 'Ingredients', 'FAQ', and an 'Order Now' button.

## How Does Prostadine Work?

Prostadine claims it takes a [complete approach to prostate health](#), which is why it is still effective when comparable products fail. So how exactly does Prostadine support prostate health?

Prostadine helps clear out inflammation in the prostate. As briefly mentioned before, Prostadine claims the root cause of most prostate issues is due to the accumulation of toxic mineral buildup due to hard water. When unchecked, this toxic buildup leads to inflammation in the prostate and the rest of your urinary tract. This impairs your ability to urinate, ejaculate, and produce hormones needed for your overall health.

Thankfully, Prostadine contains some of the most powerful anti-inflammatory herbal extracts known to clear out this inflammation. These

herbs also protect your prostate from future toxic accumulation to prevent inflammation from causing painful urination, ejaculation issues, and frequent urination.

Prostadine helps repair damage to the prostate. Not only does inflammation impair prostate function, it actually damages the cells in your prostate. This is why Prostadine contains ingredients that are designed to stimulate your body's own healing processes. Over time, this repairs the damage done to your prostate as a result of inflammation and toxic accumulation. Eventually, this leads to a healthier prostate.

Prostadine keeps your urinary tract clear. Inflammation is the root cause of urinary issues which is why men with prostate issues often suffer from painful urination, the feeling like they have to go (even if they don't), and often have to wake up in the middle of the night several times. Eliminating this inflammation clears out the urinary tract and allows urine to flow freely, relieving all of these symptoms and making you more confident and comfortable once more.

## Ingredients in Prostadine

As mentioned previously, Prostadine contains several all-natural ingredients comprised of mushrooms, fruit extracts, herbal extracts, and minerals. These ingredients all work together to support your prostate health, urinary tract health, and overall health.

So what are the ingredients in Prostadine?

**Nori Yaki Extract Powder:** Nori Yaki is a seaweed that contains several nutrients needed to produce thyroid hormones. These hormones help control growth, energy production, and stimulate the repair of damaged cells in your body, including your prostate. Nori Yaki is also a rich source of flavonoids and carotenoids that reduce inflammation.

**Wakame Extract:** Wakame is another edible seaweed that is rich in antioxidants and flavonoids. Some research suggests it can also reduce blood pressure and the risk of heart disease. Wakame may even lower the risk of developing prostate cancer as well.

**Kelp Powder:** Much like nori yaki, kelp is rich in antioxidants including carotenoids and flavonoids. It may help to fight inflammation and disease causing free radicals. It also possesses antioxidant minerals like manganese and zinc, which may help protect cardiovascular health and combat oxidative stress.

**Bladderwrack Powder:** Bladderwrack may [help to relieve stomach issues](#) because it creates a barrier between your sensitive stomach lining and irritants. It also helps combat inflammation, improves thyroid health, and is rich in various minerals needed for prostate health.

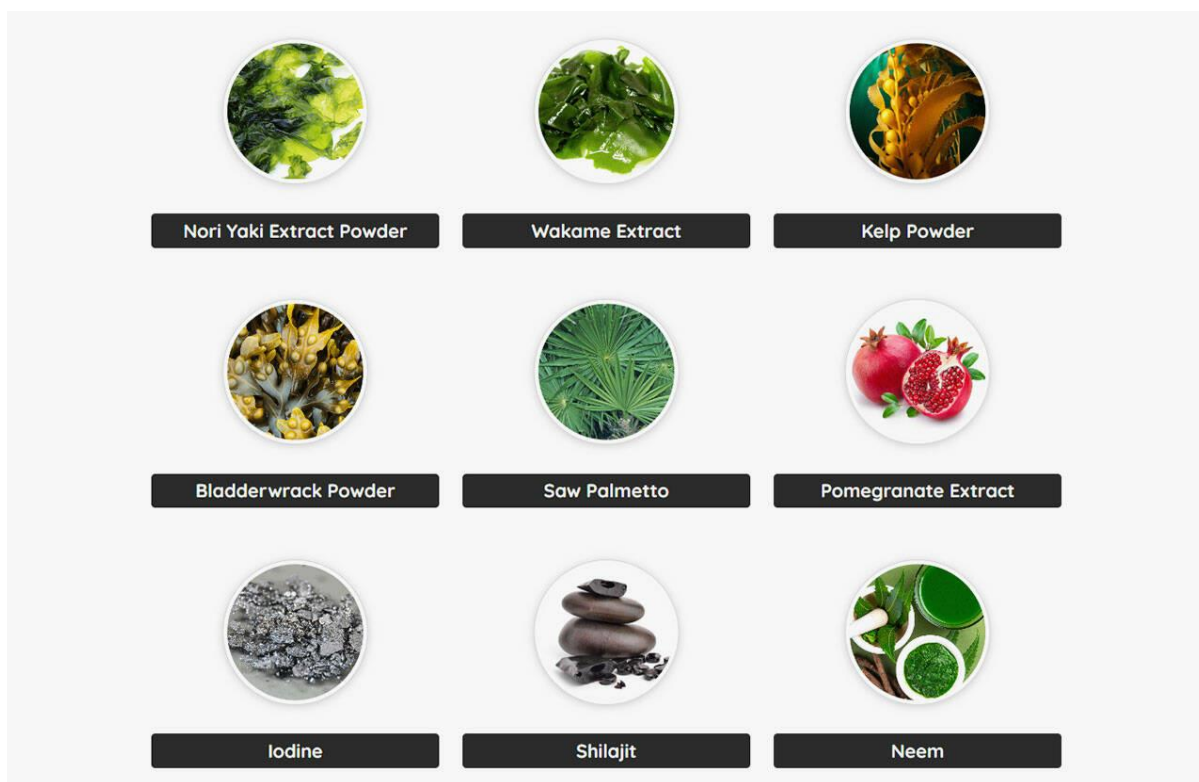
**Saw Palmetto:** Saw palmetto is a herbal extract often used to balance hormone levels and to improve urinary tract function. In one study, men taking saw palmetto over 24 weeks decreased their symptoms of BPH, improved urinary flow, and improved overall sexual function compared to a placebo.

**Pomegranate Extract:** Pomegranate is often used to combat inflammation and to improve immunity. In various studies, pomegranate extract reduced the formation of kidney stones by regulating the concentration of oxalates, calcium, and phosphates in the blood, which are common components of kidney stones.

**Iodine:** Iodine is a trace mineral needed to regulate the production of thyroid hormones. These hormones help to improve your metabolic function, libido, and overall health of your urinary tract.

**Shilajit:** Shilajit is a sticky substance found in rocks of the Himalayas. It has numerous benefits associated with cognition, fatigue, aging, infertility, heart health, immunity, and more.

**Neem:** Neem has anti-inflammatory, antioxidant, and antiseptic properties. It is said to help reduce blood sugar levels, heal ulcers in the digestive tract, kill bacteria, and prevent plaque buildup.



## Side Effects of Prostadine – Is it Safe?

The best thing about Prostadine is that not only is it an effective prostate support supplement – it is also very safe. In fact, as of this writing, there have been no reports of any serious side effects occurring while using this product.

However, this is not to say that side effects cannot occur – only that the risks are very low. Any supplement can potentially cause stomach issues, indigestion, or headaches. Given the ingredients in Prostadine though, side effects are highly unlikely.

Keep in mind Prostadine may not be right for everyone. If you're a man on certain prostate medications or have a serious medical condition, then it is highly recommended you speak to your doctor before trying this product to make sure it will not interfere with your condition or prescriptions.

Overall, Prostadine is a very safe, effective prostate support product. However, in the event you are still unsure whether or not Prostadine may be right for you, we recommend you speak to your doctor before trying the product just to be sure it is safe for you.

# How to Buy Prostadine

If you're ready to improve your prostate health and relieve your urinary issues, then Prostadine may be right for you. To order Prostadine, [the best place to go is through the official website](#). There you will see several different purchasing options to choose from, depending on your budget and individual needs:

- One bottle: \$69 total
- Three bottles: \$177 total – \$59 per bottle
- Six bottles: \$294 total – \$49 per bottle

All orders come with free shipping and the three and six bottle package come with two bonuses:

Bonus #1 – Kidney Restore: 2-Day Flash Detox – This guide starts cleansing your kidneys naturally with seven different spice and herb mixes you likely have in your kitchen. It claims to work in as little as two days.

Bonus #2 – Rockstar Libido in 7 Days: Learn how to turn plain water into natural Viagra that can enhance your stamina up to 41% and supercharge your libido.

Prostadine also offers a 60-day money back guarantee on all orders. If for any reason you are dissatisfied with your order of Prostadine, you can return your bottles within 60 days of your purchase to receive a full refund – no questions asked.

**1 X BOTTLE**  
· 30 Day Supply ·

**\$69** / Bottle

**BUY NOW**

TOTAL: ~~\$99~~ **\$69**

VISA MASTERCARD AMERICAN EXPRESS

\*FREE Shipping

**6 X BOTTLES**  
· 180 Day Supply ·

**\$49** / Bottle

**BEST VALUE**

2 FREE EBOOKS

**BUY NOW**

TOTAL: ~~\$594~~ **\$294**

VISA MASTERCARD AMERICAN EXPRESS

\*FREE Shipping

**3 X BOTTLES**  
· 90 Day Supply ·

**\$59** / Bottle

**MOST POPULAR**

2 FREE EBOOKS

**BUY NOW**

TOTAL: ~~\$297~~ **\$177**

VISA MASTERCARD AMERICAN EXPRESS

\*FREE Shipping

## Final Recap

Prostate health is essential to a man's physical and mental health. Don't let your quality of life suffer when a simple, effective solution like ProstateDine is readily available.

Thousands of men have experienced the real power of ProstateDine and you can too. To revitalize your prostate health, sex life, and overall quality of life, [visit the official website and order your bottles of ProstateDine today!](#)