

# Shrink X Gummies Review - Scam or Legit Shrink X Weight Loss Gummy That Works?



Shrink X is an all-new weight loss gummy designed to help raise energy levels and effortlessly burn away fat from your stomach, hips, thighs, back, and arms.

According to the [official website](#), these weight loss gummies are potent and proven more effective than a diet, exercise program, or other OTC weight loss products.

Can Shrink X help you lose weight? How does it work? Please read our full review of Shrink X to discover everything you need to know about the weight loss gummies.

## What is Shrink X Gummies?

Shrink X is a new weight loss gummy designed to eliminate deadly POPs and chemicals floating in the body. The weight loss gummies are an apple-flavored blend of ingredients that resolves the reasons behind obesity. It's also the only proven supplement that addresses this issue as well, according to the manufacturer.

By taking Shrink X daily, the manufacturer claims you can:

- Lose weight in your most troubled areas of the body

- Improve your digestive health and immune system function

- Boosts brain function

- Improve your sleep

- Strengthens bones and lowers joint pain

- Lower risks of heart disease by lowering your blood pressure and cholesterol

- Boost your energy levels and stamina

Shrink X is designed to work for men and women, even if you're 50 and older. Adults wanting to lose 20 lbs. or 40 lbs, [Shrink X Gummies can help you lose weight.](#)

To benefit from Shrink X, all you need to do is take one gummy per day. Over time, its' ingredients will work to eliminate the metabolism-slowng chemicals and pathogens in your body.

## How Does Shrink X Work?

According to the manufacturer of Shrink X, the real cause of obesity is what they refer to as the “*12 deadly POPs.*” They formulated their product to address this problem directly and to flush out POPs from the body. So, what exactly are POPs?

POP stands for “*persistent organic pollutants and pesticides.*”

These POPs are floating around in your body right now and are attacking your metabolism, prohibiting your body from burning off fat. This, in turn, kills your ability to lose weight and get healthy. These poison chemicals were only introduced after the industrial revolution to make large-scale food processing easier and more affordable.

This means these pesticides have been in our foods for years, even in some of our organic foods. Farmers and food manufacturers have been contaminating our food with these chemical compounds and are destroying our health and ability to lose weight. This is why the obesity rate continues to climb every year.

Up until recently, we didn't know much about POPs. However, thanks to a breakthrough study in 2020 consisting of 144,000 men

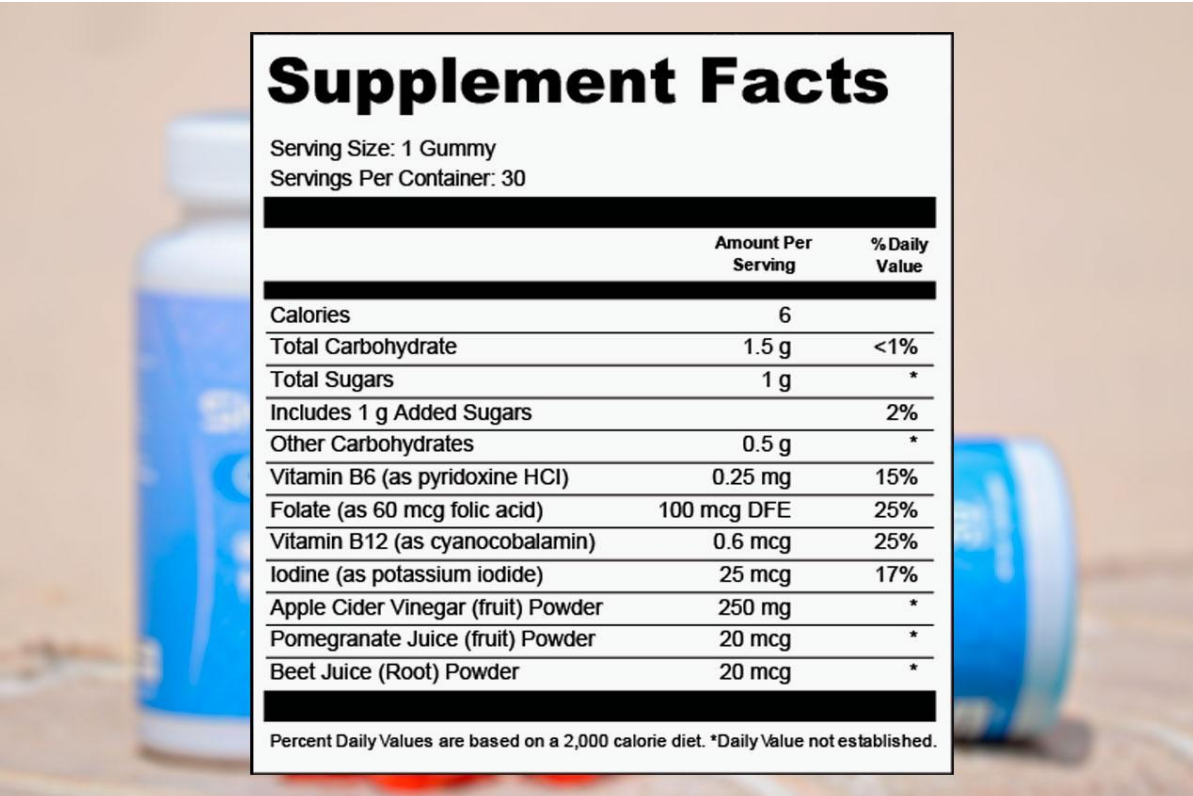
and women, and finally learned about POPs. Researchers found a consistent group of 12 chemicals and pollutants in virtually every participant named POPs.

Shrink X Gummies was formulated based on this research and work to eliminate POPs from your body. As a result, your body's metabolic function can operate normally, and your fat-fighting cells (like brown fat) can ensure you are no longer storing fat.

[Visit the official website to learn more about Shrink X >>>](#)

## **Ingredients in Shrink X Gummies**

Shrink X contains seven all-natural fat-burning ingredients to help support sustainable, long-term weight loss. According to Shrink X, they can directly attack the poison chemicals in your body to help you restore a healthy body once more.



Supplement Facts		
Serving Size: 1 Gummy		
Servings Per Container: 30		
	Amount Per Serving	% Daily Value
Calories	6	
Total Carbohydrate	1.5 g	<1%
Total Sugars	1 g	*
Includes 1 g Added Sugars		2%
Other Carbohydrates	0.5 g	*
Vitamin B6 (as pyridoxine HCl)	0.25 mg	15%
Folate (as 60 mcg folic acid)	100 mcg DFE	25%
Vitamin B12 (as cyanocobalamin)	0.6 mcg	25%
Iodine (as potassium iodide)	25 mcg	17%
Apple Cider Vinegar (fruit) Powder	250 mg	*
Pomegranate Juice (fruit) Powder	20 mcg	*
Beet Juice (Root) Powder	20 mcg	*
Percent Daily Values are based on a 2,000 calorie diet. *Daily Value not established.		

Let's take a look at the ingredients in Shrink X:

**Vitamin B6:** According to the manufacturer, vitamin B6 is the only vitamin that can completely eliminate 7 of the 12 POPs affecting your metabolism. In addition, vitamin B6 helps to make antibodies to fight infections, maintains normal nerve function, breaks down proteins, and keeps blood sugar in normal ranges.

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**Vitamin B9:** Also known as folate, vitamin B9 is important for red blood cell formation and for healthy cell growth and function. It also helps to convert carbohydrates into glucose to be used for energy. Like many B vitamins, folate is involved in fat breakdown and helps

keep the nervous system functioning properly. According to the manufacturer, it can also combat the 12 deadly POPs.

**Vitamin B12:** Vitamin B12 is a vitamin that primarily keeps your body's blood and nerve cells healthy. It is also required in order for your body to synthesize DNA. Finally, vitamin B12 helps to sustain energy levels and maintains lean muscle mass.

**Iodine:** Iodine is a mineral found only in specific foods. Its' main function is to make thyroid hormones, which control the body's metabolism and other important bodily functions. Iodine deficiency has been linked to obesity because the thyroid controls your metabolism, which helps to control how many calories you burn and influences the breakdown of fat.

**Pomegranate juice powder:** Pomegranate juice is rich in several antioxidants that help support immune system health, better digestion, and energy levels. Pomegranate juice powder also contains conjugated linolenic acid, which studies have found can help you burn fat and metabolism. There is some evidence that pomegranate juice may limit appetite as well.

**Beet juice powder:** Beet juice is rich in nitrates, which are easily converted into nitric oxide. Nitric oxide is a chemical that causes your blood vessels to dilate, reducing blood pressure and limiting your risk for heart attacks. Some studies have found the

antioxidants and polyphenol compounds in beets may also reduce appetite, support digestion, and improve immunity as well.

**Apple cider vinegar:** Apple cider vinegar is commonly used in weight loss products for its' ability to suppress appetite. Apple cider vinegar also is said to promote digestive health and immunity by killing harmful bacteria. It may also help lower blood sugar levels and manage blood sugar levels after eating to prevent spikes.

These are the only ingredients in Shrink X. There are zero artificial ingredients, fillers, or stimulants in each gummy. In addition, all of the ingredients in Shrink X are third-party tested for purity, potency, and quality to ensure only the best ingredients are included in each gummy.

Shrink X also manufactures their gummies in an FDA-approved facility to ensure the best manufacturing processes are used while making Shrink X Gummies.

[\(OFFICIAL DEAL\) Click Here to Order Shrink X Gummies from Its Official Online Store!](#)

## **How Long Does it Take to See Results?**

Although Shrink X is designed to work quickly, it is still not a miracle supplement. In other words, it isn't going to help you lose 20 lbs. overnight.

With that said, most users have reported results while using Shrink X within two to four-weeks. Everybody is different, and results vary from person to person. Plus, your diet, exercise habits, lifestyle choices, and other physiological factors will all play a role in the results you experience with this product.

According to the manufacturer, we've accumulated years, if not decades of buildup of these POPs. Therefore, eliminating isn't going to simply happen overnight. This is why they recommend using their product for at least 30 to 60 days before you determine whether or not it is right for you.

Chances are you will see some changes faster, but it is still a good idea to give the product at least 30 days just to be safe.

## **Side Effects of Shrink X – Is it Safe?**

Shrink X was designed not only to be an effective weight loss product but a safe one too. This is why as of this writing, there have not been any reports of any serious adverse effects of using the product.



Of course, any supplement can cause minor side effects like nausea, indigestion, or headache. Your chances of experiencing any of these minor side effects, or other side effects for that matter, are very low.

It's important to note that despite the overwhelming safety of Shrink X, it still may not be right for everyone. According to the manufacturer, this product is only for use in otherwise healthy adults over the age of 18. Therefore, children should not use this product.

Likewise, pregnant or nursing mothers should avoid using this product as the effects are not known.

Finally, if you are taking prescription medication or have a serious medical condition, it is recommended you speak to your doctor before using this product.

Overall, [Shrink X is a very safe weight loss product](#). It is highly unlikely to cause any negative, unwanted side effects. However, if you still are unsure whether or not it is right for you, then we recommend you consult your doctor before using this product.

## **Shrink X Pricing and Guarantee**

Shrink X Gummies is the first product of its kind to target POPs and eliminate them for healthier metabolic function. Although new, it has helped thousands of men and women slim down and feel better about their appearance.

If you think the Shrink X Gummies are right for you, the best place to order is through the official website. There you will find three different purchasing options to choose from based on your individual needs and budget.

These are the current pricing options according to the official Shrink X website:

One Bottle: \$59 + \$9.95 Shipping

Buy Two Bottles Get One Free: \$132 Total – \$44.00 Each + \$9.95 Shipping

Buy Three Bottles Get Three Free: \$228 Total – \$38.00 Each + Free shipping

[Visit the official website for ordering Shrink X Gummies >>>](#)

No matter which package you select, the manufacturer offers a 60-day money-back guarantee. If, for any reason, you are unsatisfied with your purchase, experience some form of unwanted side effect, or just don't like your experience, contact the manufacturer and receive a full refund at:

Product Support: support@shrink-x.com

Order Support: <https://www.clkbank.com/#/>

# Final Recap

Shrink X Gummies are a new apple-flavored and natural weight loss supplement. Although it's fairly new, Shrink X Gummies have been reported to have helped thousands lose weight. Its' potent formula is designed for sustainable, long-term weight loss results.

If you're ready for real and lasting results, [visit Shrink X Gummies's official website and order today!](#)