

# Sonuvita Reviews - Should You Buy?

## Ingredients, Side Effects Risk, Customer Complaints



What if someone told you that the culprit behind the major health issues that concern your ear, including hearing loss and tinnitus, has got nothing to do with the organ? While it admittedly sounds unbelievable at first, numerous clinical studies confirm the fact that a virus, known as the varicella-zoster, is the leading cause of most hearing loss problems that exist today.

Generally, it enters our bodies and causes the issue of chickenpox. However, once the disease is cured, the virus never dies out completely – it just goes to “sleep”. Then, once it is triggered again due to external factors, the varicella-zoster virus awakens again and starts inflaming the nerves that form the connection between the ears and the rest of the body.

As a result, people infected with the triggered state of this virus experience the harsh symptoms of up to 100% hearing loss, degraded memory, and constant ringing in the ears.

[Sonuvita claims to have created a solution](#) for the issue that several big pharmacies have conveniently ignored for decades now. It uses natural and scientifically-proven

ingredients to create a supplement that can help eradicate the root cause of hearing loss and other related issues from the core.

Before we dive into the particulars of the product and its effectiveness according to the Sonuvita reviews online, let's walk through the overview of this supplement:

**Category:**

**Dietary supplement**

**Product Name:**

**Sonuvita**

**Product Form:**

**Capsules**

**Servings Per Container:**

**30 capsules**

**Description Of The Product:**

Sonuvita is a dietary supplement that has been created to help people recover from both partial and complete hearing loss while boosting the immunity and cognitive health of their bodies at the same time.

**Usage Guidelines:**

Consume one Sonuvita pill per day with a glass of water at any time of the day.

**Health Concerns:**

Sonuvita aims to help remove inflammation within the nerves of your body that connect your ear with other internal organs by destroying the virus varicella zoster.

**Where To Purchase Sonuvita Supplement?**

Sonuvita is sold only on its [official website](#).

**Ingredients Used To Create Sonuvita**

Rhodiola rosea, Skullcap, Baicalein, Hawthorn Berry, Griffonia Simplicifolia, L-Theanine, and Mucuna Pruriens.

**Highlights Of Sonuvita**

- Made using natural ingredients
- Tested on hundreds of thousands of men and women and produced positive results in a majority of them

- Claims to improve cognitive health and immunity along with aiding hearing loss issues

#### **Product Pricing:**

- Pack of 1 bottle: \$69
- Pack of 3 bottles: \$177 (\$59/bottle)
- Pack of 6 bottles: \$294 (\$49/bottle)

#### **Shipping Charges:**

Small shipping fee for packs of 1 bottle and free shipping for packs of 3 and 6 bottles.

#### **Refund Policy:**

60-day money refund policy.

## **Who Created Sonuvita, And Why?**

The main formula of Sonuvita was created by one of the most renowned audiology researchers, Dr. Thomas Hernett. He is the recipient of the Jeger Career Award and has achieved several other milestones in his field of work as well.

After witnessing a gap in the market between the needs of struggling hearing loss patients and the degraded quality of solutions being provided by the big pharmacies, he decided to bring a change himself.

Dr. Hernett was raised in the renowned Cayuga community. The generations of this group have gained popularity due to their strong resistance to the deadliest of epidemics and vast knowledge in the field of medical science.

Being a part of Cayuga, he had an intense drive to improve the quality of life that people with hearing loss live without charging a fortune in exchange.

Through a series of trials and errors, Dr. Hernett managed to create the perfect balance of the formula made of 29 ingredients and named the supplement Sonuvita. It is natural, safe, and of course – potent. Sonuvita also consists of essential nutrients like Vitamin B1, B2, B6, Zinc, and Calcium, which can help promote better immunity and cognitive health in the body.

[Get started with Sonuvita today!](#)

## **How Does Sonuvita Help People Suffering With Hearing Loss?**

While Sonuvita reviews claim that the supplement did magically cure hearing loss and other cognitive issues effectively, it can be difficult to believe them without a solid

understanding of how it works. Hence, let us take a brief look at how Sonuvita can eliminate hearing loss from the root and boost your cognitive health at the same time:

### **Step 1: Nourishment Of Immunity And Auditory System**

Varicella zoster, the virus responsible for a majority of ear-damage issues, primarily works by inflaming the auditory nerves. Hence, once you consume Sonuvita, the core ingredients of the supplement start working on eliminating the inflammation effectively. Simultaneously, it may also promote better immunity in your body to fight off such virus attacks by itself as well.

### **Step 2: Varicella Zoster Is Killed Off**

Once the inflammation is gone and the virus is flushed out after consuming Sonuvita, you will start noticing visible changes in your body. You might observe that you can now remember things more easily, sleep better, and of course – hear better.

### **Step 3: Repairing The Natural Shield Of Your Body**

The best mechanic for any internal malfunction in our body is the immunity system. This is why when Sonuvita promotes better immunity, your body can resume the process of healing your ear nerves effectively after flushing the virus out.

### **Step 4: Boosting Improvement In Overall Health**

The formula and core ingredients of Sonuvita can make it an excellent supplement for boosting your overall health as well. According to most Sonuvita reviews, people who use it routinely often report rejuvenated health, improved ability to focus, and increased energy levels.

## **Analyzing The Ingredients In Sonuvita and Their Clinical Backing**

Here's a detailed analysis of some of the many key ingredients in Sonuvita and how they work to offer a perfect synergy that makes up the amazing formula of Sonuvita:

### **Rhodiola rosea**

Rhodiola rosea is added to Sonuvita because of its ability to reduce oxidative stress. A [study](#) published in the journal BMC Complementary and Alternative Medicine showed that Rhodiola rosea extract reduced oxidative stress in the cochlea, the part of the inner ear responsible for hearing, in rats exposed to noise-induced hearing loss.

The study concluded that Rhodiola rosea could be a potential therapeutic option for preventing or slowing down age-related hearing loss caused by oxidative stress.

Another reason *Rhodiola rosea* is included in Sonuvita is its potential to enhance cognitive function. The herb has been traditionally used to improve mental performance and reduce fatigue.

## Skullcap

Skullcap, scientifically known as *Scutellaria*, is a medicinal herb that has been used for centuries to support hearing health and function. This herb is native to North America and is characterized by its small, blue, or purple flowers and distinctive shape, resembling a small helmet or cap.

The flavonoids present in skullcap possess antioxidant properties, which help protect the delicate cells of the inner ear from oxidative stress and damage caused by free radicals. This protection extends to the blood vessels supplying the ear, ensuring optimal blood flow and nourishment to the auditory system.

## Baicalein

Baicalein, a natural compound found in the roots of the herb *Scutellaria baicalensis*, has been added to Sonuvita for its potential to support healthy hearing and boost brain and ear balance.

A [study](#) investigated the potential benefits of baicalein on cognitive function and found that it improved spatial memory and enhanced learning abilities in mice. These positive effects were attributed to its ability to inhibit inflammation and oxidative stress in the brain, thereby promoting better brain health and function.

By incorporating baicalein into Sonuvita, researchers and developers have recognized the potential of this natural compound to support healthy hearing and boost brain and ear balance. The scientific evidence supporting its efficacy in reducing oxidative damage, preserving cochlear function, and improving cognitive abilities provides a strong foundation for its inclusion in this innovative supplement.

[Sonuvita Is On Sale Now For A Limited Time!](#)

## Griffonia Simplicifolia

*Griffonia Simplicifolia*, a native African plant, is known for its role in promoting blood flow to the ears and supporting hearing health and function. This plant contains a compound called 5-hydroxytryptophan (5-HTP), which is a precursor to serotonin. By increasing the levels of serotonin in the body, *Griffonia Simplicifolia* helps to enhance blood flow to the ears and improve overall auditory function.

This is because serotonin binds to specific receptors in the blood vessel walls, leading to vasodilation, or the widening of blood vessels. This vasodilation allows for increased blood flow to the ears, supplying them with essential nutrients and oxygen, ultimately supporting their health and functionality.

## **L-Theanine**

One reasoning behind the addition of L-Theanine to Sonuvita is its known ability to promote relaxation and reduce stress. Stress can have negative effects on our overall health, including our hearing and cognitive function.

A [study](#) conducted by Kimura et al. in 2007 provides further evidence for this claim. Participants who consumed L-Theanine showed increased alpha brainwave activity, which is associated with a state of relaxation and mental alertness.

## **Mucuna Pruriens**

Mucuna pruriens is a climbing plant with long vines that can reach up to 15 meters in length. It has green leaves that are oval-shaped and small, white, or purple flowers that grow in clusters.

One of the key components in Mucuna pruriens is L-DOPA, which is a precursor to the neurotransmitter dopamine. Dopamine plays a crucial role in the regulation of blood vessels and blood flow, including those in the ears.

[Don't miss out on this limited-time offer!](#)

## **What Are The Health Benefits Of Sonuvita?**

Dr. Hernett created the formula of Sonuvita to help people lead healthier and stress-free lives. Here is a list of a few of the several benefits that you can expect after consuming this supplement routinely:

### **Improved Hearing**

You will likely observe an improvement in your hearing abilities after you develop the habit of consuming Sonuvita – which is mainly why it was created in the first place. When the main cause of your hearing loss – that is, inflamed auditory nerves – is solved, your hearing can be restored 100% even if you had lost it completely before getting on the supplement.

### **Better Cognitive Health**

Thanks to the unique blend of essential ingredients like Macuna Pruriens and Rhodiola Rosea in this product, Sonuvita can help you improve your cognitive health as well. For instance, many Sonuvita reviews report how people have increased their memory and focus by consuming its capsules.

### **Improved Immunity System**

Since our immune system is more than capable of fighting off viruses, Sonuvita aims to improve its health to help people recover faster from their hearing issues. A strong immunity system can also prevent such viruses from attacking your body again.

# What Are The Various Pros And Cons Of Sonuvita?

Before deciding whether Sonuvita is worth your purchase or not, it is crucial to assess all of its pros and cons. They are listed as follows:

## Pros Of Sonuvita

According to Sonuvita reviews, the pros that make this supplement a worthy purchase are:

- 100% natural formula
- Non-invasive
- Can strengthen your immunity system by up to 300%
- Can restore hearing even after its complete loss
- Manufactured in a GMP-certified and FDA-approved clinic

## Cons Of Sonuvita

There are a few setbacks to using Sonuvita as well, such as:

- Not suitable for children and teenagers
- The “Privacy” and “Terms” page are not accessible on the [official website](#)

## How Long Should You Consume Sonuvita To See Effective Results?

The amount of time that your body takes to demonstrate visible results after consuming Sonuvita depends on the extent of damage in your body. However, here is a rough duration that you can expect to see visible results:

### Average Time To Start Noticing Results: 80 Days

If your hearing loss is not too severe, then the makers of Sonuvita suggest that you consume the supplement for at least 60 days to start witnessing visible results. However, the needs of everybody can vary from one person to another, which is why it would be safer to consume the pills for 80 days in this case.




### Suggested Duration To Heal Your Nerves: 120 Days

If you want to take a step further and rejuvenate your entire body – including your immunity system and cognitive health – it would be best if you consume Sonuvita for at least 120 days. This duration can give your body enough time to allow the supplement to work its magic and heal your nerves and internal systems effectively

## How Much Does Sonuvita Cost?



Sonuvita is sold in three different packages, and the cost of each is listed as follows:

★ DOCTOR RECOMMENDED ★		
<b>1 BOTTLE</b> 30 Day Supply	<b>6 BOTTLES</b> 180 Day Supply	<b>3 BOTTLES</b> 90 Day Supply
		
<b>\$69</b> PER BOTTLE	<b>\$49</b> PER BOTTLE	<b>\$59</b> PER BOTTLE
	You Save \$300!	You Save \$120!
<b>BUY NOW</b>	<b>BUY NOW</b>	<b>BUY NOW</b>
Today only <del>\$99</del> \$69	Today only <del>\$594</del> \$294	Today only <del>\$297</del> \$177
SMALL SHIPPING FEE	FREE U.S. SHIPPING	FREE U.S. SHIPPING

### Pack Of 1 Bottle

One bottle of Sonuvita can last for 30 days and costs \$69. You will also have to pay a small amount of shipping fee to purchase this package as well.

### Pack Of 3 Bottles

The 3 bottles package of Sonuvita is considered to be the most popular option, and comes with free shipping. It will last you for 90 days and is sold at a discounted price of \$177 – which means that you get to save \$120. In this package, a single bottle of Sonuvita will cost you \$59.

### Pack Of 6 Bottles

This pack is reported as the best value package, as customers get to save \$300. You can purchase the 180-day supply of this supplement for just \$294, which would cost you \$594 if purchased separately. Further, this package will be shipped for free as well.

[Shop now and get Sonuvita at the best price!](#)



# Can You Claim For A Refund After Purchasing Sonuvita?

Irrespective of the package you purchase, you will be eligible for a refund for up to 60 days after ordering Sonuvita. You can also return an empty bottle to the company if you did not observe any visible improvements in your body, and the staff will still give your money back during the two-month window.

## Our Final Take On Sonuvita

This hearing health supplement seems like a real game-changer for those of us who want to keep the conversation flowing and the music grooving. After diving into the details in this comprehensive review presented above, it's pretty clear that Sonuvita isn't just your run-of-the-mill supplement.

From its thoughtfully selected ingredients that read like a who's who of natural goodness for your ears, to the positive feedback it's been racking up from users, there's a lot to be excited about.

Thus, if you're someone who wants to take proactive steps towards keeping your ears in tip-top shape, Sonuvita might just be everything that was missing in your life.

Remember, though, nothing beats good ol' common sense. If you're having major hearing concerns, it's always a smart move to chat with a healthcare pro who knows the ins and outs of your ears.

All in all, thumbs up to Sonuvita! Here's to clearer conversations, better tunes, and a nod to taking care of the tiny but oh-so-important heroes that help us experience the world of sound.

[\(HUGE SAVINGS TODAY\) Click Here to Get Sonuvita for the Lowest Price Right Now >>>](#)