

# TerraCalm Reviews - Should You Buy Terra Calm?

## Ingredients, Side Effects Risk



Is a mineral clay complex designed to support healthy skin and nails and overall feet health.

By applying TerraCalm to your feet daily, [you can use a blend of powerful nutrients to support healthy, pink nails](#). The product is primarily advertised to people with toenail fungus, foot fungus, and similar issues.

Does TerraCalm really work? How does TerraCalm work? Keep reading to find out everything you need to know about TerraCalm and how it works today in our review.

## What is TerraCalm?

TerraCalm is a clinically researched mineral clay complex available exclusively through [GetTerraCalm.com](https://www.getterracalm.com).

Priced at \$69 per jar and backed by a 60 day moneyback guarantee, TerraCalm uses a blend of vitamins, minerals, plant extracts, and other active ingredients to support healthy feet, toes, and nails.

Most TerraCalm customers are people with toenail fungus. Typically, doctors recommend over-the-counter medication or prescription antibiotics to treat toenail fungus infections. However, TerraCalm claims to “give you healthy, pink nails once again” using a blend of proven ingredients.

Each jar of TerraCalm contains a 30 day supply of formula, or around 90mL (3oz). You apply the clay solution to your feet daily to help with existing fungus and defend against future fungus infections.

## TerraCalm Benefits

TerraCalm provides natural support to your toenails and feet. According to the official website, the product can support benefits like:

100% natural and unique ingredients

Clinically proven to support healthy nails

Mineral clay complex with plant extracts, seed oils, and other active ingredients

Moisturize the skin and hydrate nails

Natural antifungal effects

Help nail cells regenerate while keeping skin soft and smooth

[To enjoy the benefits of TerraCalm, click here to order your supply now!](#)

## How Does TerraCalm Work?

TerraCalm is designed to combat toenail fungus infections using jojoba seed oil, honey, vitamin E, shea butter, menthol, tea tree oil, and a blend of other natural ingredients.

By applying TerraCalm to your toenails daily, you can purportedly use some of nature's best antioxidants to fight back against your toenail fungus infection, restoring healthy-looking nails once and for all.

The ingredients in TerraCalm work in different ways to protect your body. Some ingredients, like shea butter, help “clear the skin,” according to the manufacturer. Other ingredients, like bearberry extract, have “strong antifungal” properties, making them ideal for people with fungus infections.

Meanwhile, ingredients like vitamin E help nail cells regenerate, while manuka honey provides long-term, natural protection for the targeted area.

Just apply the natural, easy-to-use, non-GMO formula daily to support your body’s natural defenses against foot fungus.

[Get TerraCalm now while it's on sale – limited time only!](#)

## **TerraCalm Ingredients**

Most of the ingredients in TerraCalm are natural ingredients. The manufacturer has blended natural ingredients like French green clay and sweet almond oil with proven skincare ingredients like water, glycerin, and caprylic acid.

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Here are all of the active ingredients in TerraCalm and how they work:

**French Green Clay:** TerraCalm contains French green clay to support healthy nails. Popular in natural medicine, French green clay is a 100% natural bio-organic material consisting of a blend of different elements. It's sourced from clay deposits off the south of France, where it has a long history of use in natural cosmetics. Today, the natural mineral and nutrient properties of French green clay make it a popular skin serum for various applications – including foot fungus relief.

**Sweet Almond Oil:** The sweet almond oil in TerraCalm is purportedly rich in nutrients, making it ideal for protecting the skin. Many people apply sweet almond oil daily to their skin for moisturization and antioxidant effects. One recent [study](#) even found almond oil had specific anti-inflammatory, immunity-boosting, and

antifungal properties that could make it effective for defending your body from fungal infections.

**Jojoba Oil:** TerraCalm contains jojoba oil, which boosts your skin's natural immunity while acting as a superfood for your nails. Jojoba oil is commonly found in skincare serums and anti-aging products because it's rich with natural antioxidants and other compounds beneficial for skin.

**Thyme Essential Oil:** Thyme essential oil is particularly valuable for fighting foot fungus because it's a "highly potent disinfectant," according to the official TerraCalm website that also "keeps your nails hydrated." Conventional [foot fungus treatments](#) can dry out your skin, leaving it at risk for future infections. TerraCalm's thyme essential oil works differently to fight foot fungus with its natural disinfectant properties.

**Lavender Oil:** TerraCalm contains lavender oil, which protects nail keratin and supports the nails and skin. Lavender oil has natural antioxidant effects that make it a popular way to soothe inflamed skin. In fact, many people apply lavender oil and similar essential oils nightly for skin health.

**Oregano Essential Oil:** Oregano essential oil is a popular natural ingredient linked to various effects throughout the body. Like other essential oils in TerraCalm, oregano essential oil is rich with natural antioxidants – including phytonutrients, or plant-based antioxidants

– to support calmness and soothe the skin. After a toenail fungus infection, your skin could be irritated and inflamed, which creates a risk for future infections. TerraCalm could help.

[\[TOP SELLER\] TerraCalm is the top-selling product!](#)

**Cedarwood Essential Oil:** Cedarwood is yet another essential oil in the TerraCalm formula. The manufacturer added cedarwood essential oil to moisturize the skin and soothe irritation. As a natural essential oil, cedarwood is backed by centuries of use in traditional medicine. Today, it can be found in everything from aftershave lotions to skin serums and more.

**Menthol:** Menthol may be the most popular skin soothing compound in the world today. It's known for its cooling and refreshing effects – all while being a natural plant extract. The manufacturer of TerraCalm added menthol to the formula to soothe irritation and provide a cool and refreshing effect to the skin.

**Australian Tea Tree Oil:** Australian tea tree oil has strong antifungal effects while also moisturizing the skin, according to the manufacturer. Tea tree oil has been shown to be rich with natural antibacterial compounds, which is why it's played a popular role in traditional medicine for centuries. Today, you can find tea tree oil in shampoos, hair serums, skincare products, and more – including in TerraCalm.

**Clove Bud Oil:** Clove bud oil is an essential oil linked to skin health and overall skin support. The manufacturer of TerraCalm added the ingredient to relieve itchiness and support the regeneration of your nails. Fungus can inhibit the growth of your nails, giving your nails an unsightly appearance for months. By applying the clove bud oil in TerraCalm regularly, you can support nail regeneration.

**Aloe Vera:** TerraCalm contains aloe vera to hydrate the nails and moisturize the skin. Aloe vera is a plant extract used in a range of applications – from digestive health to skincare to hair care. Today, the aloe vera in TerraCalm can support your skin's natural defenses after you apply the clay and relieve the fungus.

**Shea Butter:** TerraCalm contains shea butter for its soothing effect. Shea butter is the base ingredient in many skincare serums and lotions. It binds with other active ingredients in TerraCalm – including the French green clay – to make it easier to apply all of the active ingredients and achieve targeted effects.

**Bearberry Extract:** Bearberry extract is one of the lesser-known ingredients in TerraCalm. According to the manufacturer, bearberry extract combats the bad smell associated with foot fungus while also exhibiting strong antifungal properties. If you have foot fungus, then you may notice an unpleasant odor around your feet. Even after applying TerraCalm regularly, this odor could remain for weeks or months. The bearberry extract in TerraCalm works to



complement menthol and other ingredients in TerraCalm to reduce the odor.

**Vitamin E:** Vitamin E has natural antioxidant effects. In fact, along with vitamin C, vitamin E is one of nature's best antioxidants.

According to the manufacturer, the vitamin E in TerraCalm can help nail cells regenerate, which is important for recovering from a fungal infection. Fungal infections reduce the capability of your nails for growth, making it harder to maintain healthy-looking, pink nails.

Vitamin E supports healthy nail growth even further by leaving your skin soft and smooth, helping to defend your skin in the future.

**Sunflower Oil:** TerraCalm contains sunflower oil, which the manufacturer describes as "superfood for your skin" and a "natural moisturizer." Sunflower oil is rich with natural molecules that help lock hydration into your skin, making it an effective natural moisturizer.

**Manuka Honey:** The final active ingredient in TerraCalm is manuka honey. Honey is known for its natural antifungal effects. In fact, archaeologists have found honey in ancient Egyptian tombs that is still safe to eat because of these powerful antifungal effects. Those same antifungal effects make the manuka honey in TerraCalm a natural protector and ideal for health and wellness.

[Place your order today by clicking here before stock runs out! >>>](#)

# How Your Foot's Microbiome Works

When you think of a microbiome, you may think of your gut or your mouth. However, your feet also have their own microbiome, and this microbiome plays a critical role in foot fungus and overall feet health.

The most common fungi present on your feet include Corynebacteriaceae, Micrococcaceae, Propionibacteriaceae, Actinobacteria, Clostridiales, Lactobacillaceae, Streptococcaceae, and other bacterial strains. If any of these bacterial strains are disrupted, it can lead to fungal and viral infections and serious foot health risks, according to [one study](#).

Do your feet smell bad? It could be a problem with your foot microbiome. Studies show disruptions in your feet microbiome can lead to an unpleasant odor.

It's not just your feet: your skin is home to millions of microorganisms. These organisms help your skin adapt to invaders, support skin growth, and respond to outside stressors, among other effects. Without these microorganisms, your skin would not function as efficiently.

# TerraCalm Ingredients Label

The makers of TerraCalm disclose all ingredients in the formula upfront. The largest ingredients in the formula are water, cetearyl alcohol and cetareth-20, and glycerin. However, the formula also contains large amounts of natural essential oils, plant extracts, and other active ingredients.

The full list of ingredients in TerraCalm includes:

*Water, cetearyl alcohol and cetareth-20, glycerin, caprylic/capric glycerides, Di-C12-15 alkyl fumarate, sunflower oil, isopropyl palmitate, triisopropanolamine, acrylates/C10-30 alkyl acrylate crosspolymer, DMDM hydantoin, iodopropynyl butylcarbamate, aloe vera juice, vitamin E, shea butter, sweet almond oil, French green clay, aloe vera gel, thyme essential oil, Australian tea tree oil, manuka honey, clove bud oil, oregano essential oil, cedarwood essential oil, menthol, glycerin, jasmine grandiflorum absolute 3% in jojoba oil, lavender essential oil, and bearberry extract*

## TerraCalm Reviews: Is TerraCalm Legit?

According to the official website, TerraCalm has a nearly perfect 4.75 star out of 5 rating with 14,500+ reviews, which would make it one of the internet's bestselling foot fungus clays. However, the

manufacturer has not published any details of those reviews upfront – like what customers experienced or how they liked the clay.

[Click here to read unbiased customer reviews >>>](#)

Here are some of the TerraCalm reviews sourced from third party websites and verified customers across the internet:

Many customers find TerraCalm works as advertised to combat toenail fungus and restore healthy-looking nails.

Some customers appear to have had severe nail fungus infections before using TerraCalm, only to rapidly clear up those infections using TerraCalm.

Many customers like how TerraCalm is made in the United States using natural, non-GMO ingredients, giving them peace of mind it should work as advertised.

Some customers appear to have experienced noticeable relief within weeks of applying TerraCalm for the first time, although others need several months of treatment for the formula to work.

Overall, TerraCalm could work as advertised to promote healthy skin and nails, support the microbiome of your feet, and promote a clean appearance overall in people with foot fungus and other serious nail health issues.

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# TerraCalm Pricing

TerraCalm normally costs \$99 for each 3 oz (90 mL) jar. However, you can save money by ordering directly from the manufacturer as part of a 2023 promotion, which reduces the price to \$69 per jar or less.

Plus, all purchases come with free shipping, and certain qualifying purchases come with 2 free bonus eBooks.

Here's how pricing works when ordering TerraCalm online through the official website today:

**1 x Jar:** \$69 + Free Shipping

**3 x Jars:** \$177 (\$59 Per Jar) + Free Shipping + 2 Free Bonus eBooks

**6 x Jars:** \$294 (\$49 Per Jar) + Free Shipping + 2 Free Bonus eBooks

[Order TerraCalm today and be glad you did!](#)

Each jar contains 3oz of formula, or a 30 day supply. You apply roughly 3oz of clay to your feet and toenails daily to support your body's natural defense against foot fungus.

## Bonus eBooks Included with TerraCalm

As part of a 2023 promotion, all 3 and 6 bottle packages of TerraCalm come with two free bonus eBooks. You receive immediate access to these eBooks after your purchase is confirmed.

The two bonus eBooks are designed to complement the effects of TerraCalm, helping to relieve your foot fungus problem without resorting to medication or doctor's visits.

The two bonus eBooks bundled with TerraCalm include:

**Free Bonus eBook #1: Rapid Foot Fungus Recovery: The Lazy Protocol for Clear, Bright and Healthy Feet:** Most doctors recommend medication to treat your toenail fungus. However, this

medication can be expensive, and it may take weeks to work. The creators of TerraCalm published this eBook to help you enjoy faster, more rapid relief using a “lazy protocol” you can perform at home using simple ingredients. Follow this step-by-step plan to recover from foot fungus fast.

**Free Bonus eBook #2:** The second bonus eBook provides complete details about another foot fungus infection method you can perform at home. According to the authors, this method works faster than conventional treatment options, helping you get clearer, healthier-looking nails sooner than before.

After you receive the two bonus eBooks, you can download them on any internet-connected device, print them off, and use them however you like.

[Get a special deal + bonuses when you order today!](#)

## TerraCalm Refund Policy

TerraCalm is covered by a 60 day moneyback guarantee. You can request a complete refund on your purchase within 60 days with no questions asked if you're unhappy for any reason.

Contact the manufacturer to request a refund if you're unsatisfied. You must contact the manufacturer within 60 days, then return the jars (even if empty) to complete the refund process.

# About TerraCalm

TerraCalm is exclusively available through [GetTerraCalm.com](https://getterracalm.com). The product is made in an FDA-registered, GMP-certified facility in the United States using a blend of ingredients sourced from domestic and foreign locations – including “remote areas in France and Australia,” according to the official website.

You can contact the makers of TerraCalm and the company’s customer service team via the following:

**Online Form:** <https://getterracalm.com/help/contact-us.php>

**Email:** [contact@terracalm-product.com](mailto:contact@terracalm-product.com)

**Phone:** 1-800-390-6035

**Registered Address:** TerraCalm, Tallmadge, OH 44278, USA

Customer service is available 24/7. Contact customer service for refund requests or any questions about the product.

## Final Word

TerraCalm is a natural foot fungus clay designed to restore healthy-looking, pink toenails.

Available exclusively through [GetTerraCalm.com](https://getterracalm.com), TerraCalm uses a blend of natural clays to achieve targeted effects on your skin and nails.



To learn more about TerraCalm and how it works or to buy TerraCalm today, [visit the official website at GetTerraCalm.com](https://www.getterracalm.com), where it's priced at \$69 per jar as part of a 2023 promotional offer.