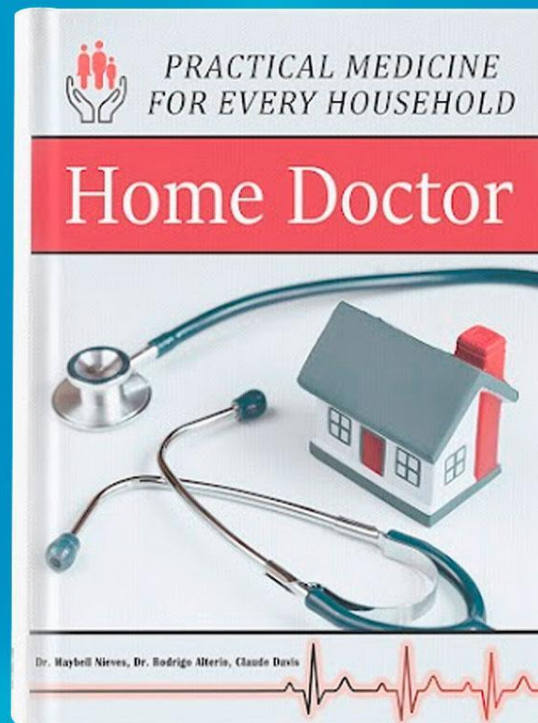


The Home Doctor: Practical Medicine for Every Household [Review]



Progress is defined as a forward motion toward a predetermined objective or destination. This phrase has been used in various contexts, including technology, healthcare, and the economy. Every progress in the proper direction gives our society the impression that we've made a difference. Nobody can dispute the fact that, looking back, human civilization has advanced significantly. Established goals and destinations continue to alter, driving society to work toward accelerated progress. Still, three experts want

people to consider whether abandoning what has worked in the past is the best strategy.

For instance, should individuals disregard conventional treatment when a breakthrough is made in the medical field? Should people overlook survival skills when security advances are made? While our progress today primarily applies to a happy and healthy world, might the same be said in times of crisis? This is the premise of the recently released book, [The Home Doctor: Practical Medicine for Every Household](#). Here is a detailed analysis of all the knowledge contained in this book and reasons why readers from various backgrounds ought to benefit from it.

What is The Home Doctor?

The Home Doctor is a 300-page practical guide authored by Dr. Maybell Nieves, Dr. Rodrigo Alterio, and Claude Davis that provides do-it-yourself ideas on [how to treat most health ailments when conventional techniques fail](#). The economic and health problems inspired this work in Venezuela, where citizens were forced to live without electricity, running water, antibiotics and painkillers, insulin, or other solutions. Ultimately, individuals can consider The Home Doctor as a means of becoming self-sufficient regarding their health needs.

What is There to Learn From The Home Doctor?

There are plenty of things to learn from The Home Doctor. Here is a sneak peek into what the authors have compiled:

Ten medical supplies to have at home (hint: one is an OTC painkiller called Naproxen)

Most common blunders people make during a blackout

Learn to identify and respond to heart attack symptoms

The consequences of taking expired medications or the wrong probiotics

The four antibiotics people should actively stockpile

[One natural painkiller that can be grown in one's backyard](#)

Strategies on how to collect prescription medicines (including insulin)

How to recognize a stroke and steps to execute immediately after

A simple at-home method for treating the flu and other respiratory issues

A step-by-step approach to deal with every conceivable skin injury and condition

The unnoticed symptom linked to internal inflammation and abdominal pain, respectively

How a one-minute stretch is believed to relieve back and neck pains

These topics are only a tiny portion of what this book enlightens readers about. Our editorial team was impressed not only by the content but also by how it was delivered. To convey different

messages, the book's content was written in simple language and is complemented by diagrams, notes, and infographics, all of which are great tools to have on hand.

What's Included With Every Purchase of The Home Doctor?

In addition to The Home Doctor, Dr. Maybell Nieves, Dr. Rodrigo Alterio, and Claude Davis have elected to include the following additions to augment the material found in the former:

Bonus #1. Wild Edibles You Can Forage or Find Around Your House

In the first bonus, individuals will [learn about the lifesaving herbs Venezuelans ate when they couldn't afford food](#). These plants can be found all over North America, leading the team to outline further information on recognizing these wild delicacies.

Bonus #2. Natural Healing Secrets of Native Americans

The second bonus is devoted to uncovering the potent natural remedies on which natives had long since come to rely. No matter what occurs in a person's life or around them, the plants covered in

this bonus will ensure that a shortage in medicine never arises. Similar to wild edibles, the items listed here are also commonly accessible. Everything needed will be provided, from correctly recognizing the plants to properly preparing them.

How Much Does The Home Doctor Cost?

The Home Doctor is only available online. There are two options for purchasing on the official website, which is outlined below:

Physical & Digital Copies of The Home Doctor: \$37 each + \$9.99 in S&H

Digital Copy of The Home Doctor: \$37 each

[Click Here to Get The Home Doctor At Discounted Price!!!](#)

A 60-day money-back guarantee is also included with every purchase. A refund may be obtained if people are unhappy with the information presented by the authors in The Home Doctor.

Requests must be made within the first 60 days of receiving the book. Otherwise, customer support will not approve them. To commence the refund process, the first step is to email support@homedoctorbook.com.

Meet the Authors of The Home Doctor

The Home Doctor's co-authors include Dr. Maybell Nieves, Dr. Rodrigo Alterio, and Claude Davis; below is a rundown of their professional careers and personal experiences in times of crisis:

Dr. Maybell Nieves

Dr. Maybell Nieves is the head of surgery (Unit of Breast Pathology) and general surgeon at Venezuela's Caracas University Hospital. She was a student of Professor Umberto Veronesi at the European Institute of Oncology in Milan, Italy. Eventually, Dr. Maybell Nieves earned a name for herself for coming up with innovative treatments for patients after the economic collapse of Venezuela caused a shortage of running water, electricity, and medical supplies. Imagine creating techniques that are currently applied in conflict areas all over the world! It's hardly surprising that they have become so crucial, given that they were designed expressly for self-application.

Taking on more ER shifts, according to the expert, was extremely difficult when the economic crisis began. She remembers now having fought a variety of ailments, including heart attacks, diabetes, comas, and bullet wounds. Here are some words about how she and her team dealt with shortages:

“When we ran out of medications, medical supplies, electricity and even running water in my hospital, I’ve had to come up with new and ingenious methods to help my patients...using what we still had on hand or could procure: Antisepsis – Anaesthesia – Antibiotic Alternatives – Homemade Casts – Eye and Skin Remedies made from household items – Fungus Fighting Mixtures...and a lot of others.”

Dr. Rodrigo Alterio

Dr. Rodrigo Alterio is a surgical oncologist at the University of Texas Southwestern Medical Center in Dallas, Texas. He served as the primary care physician and lived among the Kamara tribe in the Amazonian jungle in 2017. The specialist had to make do with the supplies he had on hand while away from civilization to help this tribe recover from mishaps, illnesses, and even childbirth. He, too, turned to age-old techniques when supplies were running low. We can't imagine going from using CT scans, blood tests, and X-rays at the hospital to using leaves as a bandage.

In addition to this, Dr. Rodrigo Alterio was a member of the Green Cross, a team of front-line paramedics. While comparing traditional and modern practices, he said:

“The breakthroughs that we are pioneering here will make a big difference for patients with oncological pathologies. We are able now to make more precise incisions and save more patients than through conventional methods. But, in the next crisis, it is the old methods that we will need to have by our side when the grid goes down and supply chains break down.”

Claude Davis

Finally, we have Claude Davis, a natural healing and survival specialist. He firmly believes in [preparing people for a catastrophe](#), particularly when they are cut off from things like electricity, access to running water, modern medicine, law enforcement, and supermarkets, to name a few. His approach is consistent with long-forgotten treatments used by his ancestors, who all benefited from what nature had to supply. He was significantly touched by what had transpired in Venezuela, just like the experts listed above, which led him to make alternative options available to Americans.

In the words of the esteemed editor of thelostherbs.com and askprepper.com.:

“While most people nowadays tend to be obsessed with everything “new” — with technology,

smartphones, social media, and cars that drive themselves — I was always fascinated by what I think was a happier, wiser and healthier America: a country of more independent people, who held down jobs and could care for their families, who took responsibility for themselves and were not looking for a handout, who were proud of being American, and who dreamed of building a better country.”

The Home Doctor: Practical Medicine for Every Household Final Verdict

The Home Doctor: Practical Medicine for Every Household is a book that consists of autonomous techniques to assist people in need. Our editorial team cannot overstate how helpful this guide is in conducting research, especially given that it was created and certified by medical specialists and focuses primarily on practical approaches. We're talking about professionals who served on the front lines and have seen it all. Even though their schooling was somewhat helpful, they had to abandon modern medicine and technology and switch to conventional methods to save their

patients, whether they were fleeing social unrest or due to other causes.

Because of our dependence on medical personnel, we often dismiss thoughts of our health. The three authors of this book want everyone to change that narrative and, instead, be able to take charge of their health. The authors communicated using simple language, graphics, and other techniques to push people in such a direction. Three hundred pages may seem daunting, but having everything on hand and being able to go to a specific section during turmoil is power in and of itself. Pricing-wise, interested parties are at an even more significant advantage, seeing how two additional guides have also been included. For these reasons, everyone's 2023 reading list should have *The Home Doctor: Practical Medicine for Every Household*. [Visit the official website to learn more today!](#)