

# VivaSlim Reviews - Should You Buy? Side Effects, Ingredients Exposed



VivaSlim is a daily supplement that helps you target your metabolism and promote weight loss with various natural ingredients. The formula has a high success rate amongst users, and the cost of each bottle drastically drops for individuals who stock up on their orders.

## What is VivaSlim?

The body stores weight with all the calories it takes in but doesn't burn. As you eat each day, they fill up with fat that can provide the body with all the energy they need. Whenever the cells release fat, the individual loses weight. When they hold onto fat, the opposite is true. According to a study by the NYU Langone Medical Research Center, a modulating trigger in the body controls how much of this fat is released and how much the body retains.

The creators of VivaSlim explain that their formula is based on the idea of opening this cytokine gate so [users can effectively lose weight](#). While it is closed, none of the fat can be released, but the natural ingredients used in their formula are all known for helping with this effect. It works so well because it gets rid of the toxins that cause the retention of fat in the first place. These toxins force the body into a state of emergency, telling the brain to hold onto the weight when it shouldn't.

Considering the widespread distribution of toxins in today's environments, the only way that consumers can overcome this issue is by using ingredients that flush out the toxins they encounter. While some consumers might choose to find a more invasive weight loss method – like liposuction or aggressive medication – this simple release from all of the toxins that hold the body back could make a substantial difference.

# Ingredients in VivaSlim

The only way that VivaSlim can make a difference is with the right balance of ingredients. These ingredients include:

Irvingia gabonensis

L-Ornithine

L-Carnitine

Maca root

L-Arginine

Beta-alanine

L-glutamine

Niacin

African plum bark

Rhodiola Rosea

Astragalus

[VivaSlim Is On Sale Now For A Limited Time!](#)

These ingredients can make a substantial difference for consumers. Read on below to learn about the proven effects of each one.

## Irvingia Gabonensis

Irvingia Gabonensis is a common remedy for consumers who want to reduce their cholesterol levels. It is rich in fiber and

can help users improve their struggle against fat buildup in their bodies. It can improve how well the body breaks down nutrients as it is metabolized. These extracts also help users reduce organ toxicity and protect the body while treating cancer. Some people also include it in treating high blood sugar levels.

## L-Ornithine

L-Ornithine is used by the body to create polyamines, which are crucial to the health of cells. It also is a trigger for the production of proline, which is an amino acid that helps the body to make collagen. According to some research, L-Ornithine can help consumers to improve their athletic performance because it reduces ammonia levels in the muscles. It even naturally promotes improvements in testosterone production.

## L-Carnitine

L-Carnitine can reduce lactate in the body while easing high heart rates. It improves lipid metabolism, though it is often helpful in increasing oxygen consumption. The best time to use L-carnitine is just before a meal or before exercising, though users will take this formula three times a day to get the desired results. Many researchers have found that L-Carnitine is a helpful solution in eliminating visceral belly fat.

## Maca Root

Maca root is primarily used to help consumers to ease high-stress levels. It promotes improvements in the treatment of depression, and it can improve energy levels. Women who struggle with menopause might also experience improvements, even in their libido. Plus, it can strengthen bones.

## L-Arginine

L-Arginine helps consumers reduce high blood pressure and symptoms usually associated with angina and PAD. This ingredient can be used for men to treat erectile dysfunction, though L-Arginine is not included for this benefit. Instead, consumers will find that it helps their body to promote better blood circulation and make protein. Though most studies use a high dose, consumers should use less than 9 grams daily to reduce the risk of side effects like nausea, diarrhea, and bloating.

## Beta-Alanine

Beta-alanine helps consumers to [improve their physical performance during exercise](#), preventing them from enduring the discomfort of muscle fatigue. It works as an antioxidant while enhancing the immune system. It even offers anti-aging benefits to ensure that users get all the support needed for

their metabolism. Plus, it increases the concentration of carnosine.

## L-Glutamine

L-Glutamine is a necessary ingredient for the removal of ammonia from the body. It helps users improve their immune function, though it also can be used to improve the brain's functioning and overall digestion. For the most part, consumers get enough glutamine in their diet already. However, supplementation can help create a greater concentration.

## Niacin

Niacin is used to help consumers increase their blood fat levels, which can help them improve their blood pressure levels. It can help users to treat type 1 diabetes, and it can increase brain function. As a B vitamin, it can be used to turn food into energy, though it is also used to keep the nervous system and skin healthy. It is one of the main ingredients found in multivitamins, and it can help consumers to sleep better at night.

## African Plum Bark

African Plum Bark, or Pygeum, is found in supplements and teas to help men with an enlarged prostate gland. It can help

users with urinary tract issues, effectively reducing the risk of urine flow and frequent urination at night. It also increases seminal fluid secretion in men.

## Rhodiola Rosea

Rhodiola Rosea is a significant ingredient for anyone presently dealing with immense stress. It can fight back against fatigue, and it improves fatigue. It [increases mental performance](#), improving the brain's resilience against possible damage. It has been used as a natural remedy for mild to moderate forms of depression but also helps with bipolar disorder and anxiety.

Consumers also use Rhodiola Rosea to increase energy levels and increase stamina. Some people find that their physical performance improves significantly with its use. Plus, its performance is even compared to ashwagandha's effects.

## Astragalus

Astragalus is the final ingredient of this mix, and it provides stimulation in the liver, lungs, spleen, circulatory system, and urinary tract. It is used in treating many different conditions, including osteoarthritis, and mild asthma. Though this ingredient is relatively helpful to good health, consumers who take too much might experience rash, itching, digestive pain, or issues in their sinuses. Consumers taking a medication that

weakens the immune system might want to speak with their doctor.

## Purchasing VivaSlim

[VivaSlim is only available online](#). Several packages are available online, with discounts increasing if you order in bulk.

One-month supply for \$39 per bottle.

Three-month supply for \$31 per bottle.

Six-month supply for \$25 per bottle.

With free shipping on every order, consumers have the support of a money-back guarantee that lasts for an entire year after the purchase is made.

SAMPLER PACKAGE	BEST SELLER!	MOST POPULAR!
<b>1-MONTH SUPPLY</b>	<b>6-MONTH SUPPLY</b>	<b>3-MONTH SUPPLY</b>
		
SAVE \$40	SAVE \$348	SAVE \$150
<b>\$49 /EACH</b>	<b>\$31 /EACH</b>	<b>\$39 /EACH</b>
FREE SHIPPING 365-DAY MONEY-BACK GUARANTEE	FREE SHIPPING 365-DAY MONEY-BACK GUARANTEE	FREE SHIPPING 365-DAY MONEY-BACK GUARANTEE
LOWER MY SCALE 	LOWER MY SCALE 	LOWER MY SCALE 



# Frequently Asked Questions About VivaSlim

**Q – What is the cytokine gate breakthrough?**

*A – This phenomenon that Simple Promise introduces is based on NYU Langone Medical Center's research, discovering a metaphorical “gate switch” that keeps fat locked into cells. The body is only supposed to have this switch activated in extreme situations, but the toxins that the body is surrounded by negatively influence the body. Using the VivaSlim formula allows consumers to [open the gate and promote fat loss](#).*

**Q – Is VivaSlim safe for anyone?**

*A – Yes. This formula has no reported side effects, and many customers have experienced the benefits. This formula is balanced in a sterile facility with high-quality ingredients to ensure safety.*

**Q – How is VivaSlim supposed to be taken?**

*A – This liquid supplement is meant to be mixed into water or another beverage. Users will need ten drops to get the entire*

dose, and this drink should be used three times a day. Users get a dropper with every purchase.

**Q – What should the user do if they start to lose weight at a rapid pace?**

A – While most people are happy about [the fast-acting benefits of VivaSlim](#), consumers who want to slow the process can reduce the servings to once a day. They can also reach out to their doctor.

**Q – Can VivaSlim work for everyone?**

A – Yes. This formula can work for anyone who wants to improve their weight loss, regardless of age or gender. The formula uses ingredients that are backed by scientific evidence.

**Q – How long do consumers have to wait to see a change in their weight?**

A – Results vary since everyone starts at a different weight and shape. However, most customers say that they feel a difference within a week. Their clothes start to fit better, and consumers begin to feel more youthful. Consumers should see the most significant changes when they take the formula for 3-6 months.

**Q – What if users don't experience a change?**

*A – With all of the results that consumers have seen so far, the creators have no reason to believe that everyone can't get the results. However, anyone who doesn't experience this change can get their money back within 365 days of the purchase.*

**Q – How do customers get their orders from VivaSlim?**

*A – The only way that consumers can purchase this supplement is through the [official website](#).*

**Q – How long does VivaSlim take to arrive?**

*A – Most orders arrive within seven days. However, international shipments outside of the United States might take longer.*

**Q – Will consumers be charged on a recurring basis?**

*A – No. VivaSlim purchases are one-time transactions. The only way that another order will be sent is if the customer submits another order. The customer service team can be reached by calling 1-800-259-9522.*

## **Summary**

VivaSlim provides consumers with a way to lose weight that doesn't require anyone to endure a difficult exercise routine or heavily restrict their calories. The ingredients are easy on the body, ensuring users can eliminate toxins that might inhibit their metabolism. With this balance, no users have experienced side effects to date, but consumers are encouraged to speak with their doctor if they take any medications that might interfere. Consumers have the protection of a money-back guarantee with every purchase.

[Visit the official website to learn more!](#)